



BUSH TELEGRAPH

SEPTEMBER 2026

FREE



The Shire of Sandstone
Hack St, Sandstone WA 6639
Ph: (08) 9963 5802 | Email: csos@sandstone.wa.gov.au

Contents



Cover Image by Stephanie Brown — Caravan Park Evening	Cover Page
Disclaimer	3
From the Desk of the CEO	4
Council Meeting Dates	
Variety Bash Photos	6, 7
Stargazing with Astrotourism	8
NOTICE - Nursing Post and RFDS	9
NOTICE - Rates and Property Record Updates	10
NOTICE - Dentist Visit	11
INVITATION - AFL Grand Footy Final at the Rec Centre	12
NOTICE - Free Pet Food	13
NOTICE - Pet Checks and Vaccinations	14
Art & Craft Show Photos	15, 16
Tidy Towns Notice and Mt Magnet Op Shop	17
Northfields	18
1800 Medicare	19
Community Photos	20
Golf Course Notice	21
Recipe - Live Lighter Dinner Plan and Beef and Mushroom Pie Recipe	22, 23
Crossword / Word Search / Sudoku	25, 26
Mosquitos Driving You Crazy?	27
Lawn Bowls / Community Bus	28
Bush Fire Brigade / St John	29
Nurses Post	30
RFDS Doctor Clinic Dates	31
Health Services	32
Emergency Numbers	33
Public Notices	34
Directory of Services	35 - 39
Community Bulletin Board	40 - 43
Community Feedback	44
Puzzle Solutions	45
3 Minute Workout — https://livelighter.com.au	46
Handy QR Codes	47
Calendar	Back

Disclaimer

The Bush Telegraph is published by the Shire of Sandstone as a public service for the community.

The opinions expressed have been published in good faith on the request of the person requesting publication, and are not those of the Shire of Sandstone.

All articles, comments, advice and other material contained in this publication are by way of general comment or advice only and are not intended, nor do they purport to be correct advice on any particular matter or subject referred to.

No person should act on the basis of any matter, comment or advice contained in this publication without first considering, and if necessary taking appropriate professional advice upon the applicability to their particular circumstances. Accordingly, no responsibility is accepted or taken by the Shire of Sandstone, or the authors and editors of the Bush Telegraph, for any damage or loss suffered by any party acting in reliance on any matter, comment or advice contained herein.

Contributions

Please contact the Shire of Sandstone Administration Office if you wish to contribute to the Bush Telegraph and take part in a chance to win a \$50.00 cash prize.

You can email your contributions to cso@sandstone.wa.gov.au or drop it into the Shire Administration Building.

If you wish to stay anonymous, you can put your contribution in an envelope, write Bush Telegraph on the front and drop it in the red mailbox at the Shire Administration building.

Cut-off time for all contributions is the 25th of every month which will allow our staff time to include your contribution. Contributions made after the 25th will be included in the next edition.

Feedback

Tell us what you liked, what you didn't like, what could be improved and what you like to see.

Cut out and drop your feedback form in the Shire office at Reception or email to cso@sandstone.wa.gov.au

SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639

From the Desk of the CEO



WATER QUALITY TESTING

The Council has had the town water supply laboratory tested on two occasions at substantial costs and both tests concluded the water passed all tests and is safe to drink.

The Shire will not carry out any further testing. If individuals are having issues with their water, they need to contact the Water Corporation.



RECOGNITION OF SANDSTONE

It was disappointing to read news in the Mid West Times about the substantial mining development at Youanmi by Rox Resources.

The newspaper describes the development as south east of Mount Magnet!!!

It's south of Sandstone in the Sandstone Shire.

As the local government we are doing what we can to promote Sandstone and all good news helps that promotion.

And talking of **Rox Resources**, on behalf of the Council I thank Rox Resources for their financial contribution to the Art & Craft Show and especially thanks to Eleanor and Hannah who attended on the night representing Rox Resources.



AMBULANCE SERVICES

Residents and visitors are reminded in cases of a medical emergency, please ring **000**. Do not ring local volunteers.

Peter Money

Chief Executive officer

Shire of Sandstone



Council meeting dates 2026

Meetings commence at 1:00pm in the Council Chambers located at the rear of the Shire Administration Centre.

Meetings are open to the public.

2026

January	Special Meeting 15th
February	26th
March	26th
April	23rd-28th
May	Special 13th 28th-26th
June	25th
July	23rd
August	Special 6th and 13th 27th
September	24th
October	22nd
November	26th
December	16th



**The Environmental Health Officer for the Shire of Sandstone is
Bill Atyeo**

eho@mtmagnet.wa.gov.au

0483 350 133

2026 Variety Bash Stops in Sandstone!



The amazing Sandstone volunteers: Deb, Tamika, Ed, Bill, Shane, Karen, Margaret, Freda, Muriel, Beth, Jamie—missing from above image Siobhan, Nathan and Cecelia



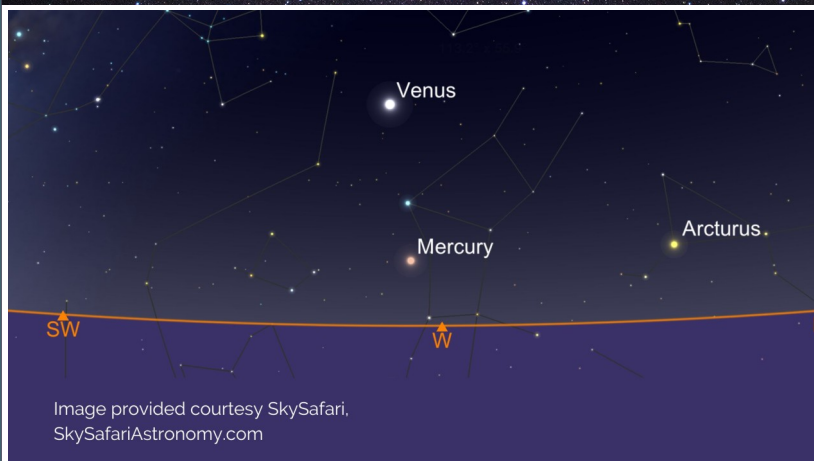
The Variety Bash rolled into Sandstone in their customized cars and colourful costumes ready to fuel up on burgers and homemade sweets. A big thank you to Jamie and Siobhan (Sandstone General Store) who organised and coordinated the lunch and the many volunteers helping out in the kitchen, manning the bars and baking delicious cakes, slices and desserts.

There were over 300 burgers made with locals joining the celebrations to support the rally and raise money for the community. Burgers, Bowls, Bagpipes and Beastly cars making for a great day!



For more information on each event visit the amazing website: www.astrotourismwa.com.au

September Stargazing



Have you been asking yourself...."What is that bright star I can see in the evening?"

It's not a star at all, it's our neighbouring planet, Venus and it has been making a striking sight on the western horizon. On 23rd September and also on 28th November, Venus is at what is known as "greatest brilliance" and is the brightest it gets for the year.

In September, Venus appears as the "evening star". In October, we lose

sight of Venus in the glare of the Sun. Finally in November, Venus reappears as the "morning star"!

Through a telescope, Venus will appear as a crescent shape. From our position on Earth, Venus has phases just like our Moon. This is because Venus is inside Earth's orbit, so when it is closest to Earth, we can only see part of the surface of the planet that is illuminated by the Sun's light.

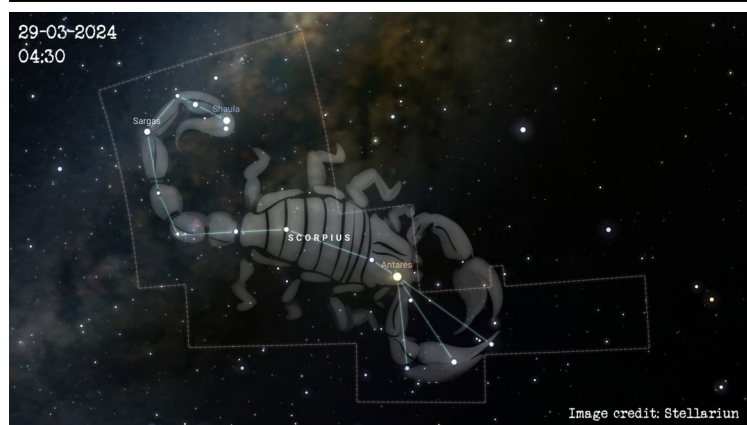
When and where to look:

From 7pm, 23rd September. Look to the west.

From 4am, 28th November. Look to the east.

Something Interesting:

Ancient astronomers recognised that five "stars" moved quickly and predictably across the night sky. These stars were monitored and tracked and are now known as the five planets visible to the naked eye: Mercury, Venus, Mars, Jupiter and Saturn.



Scorpio, more commonly referred to as Scorpio, is a large constellation that actually looks like its namesake! Sometimes it's quite difficult to make out the shape of constellations, but you should have some success with Scorpio! It is visible all through spring during the early evenings. It lies overhead at around 8pm and is a lovely, large constellation. See if you can find the curve of Scorpio's body and the sting in its tail stretching up to the centre of the sky!

When and where to look:

After 8pm during spring, Scorpio is directly overhead. Later in the evening, Scorpio sets in the west.

Something Interesting

See how many stars you can count in the constellation of Scorpio. Try this when you're in different places too. You'll soon see how dark night skies help bring out the stars!

NOTICE

Sandstone Nursing Post Clinics

3rd Sept- RFDS Dr King but nurse Lana away

10th Sept- closed

17th Sept- RFDS Dr Comely but nurse Lana away

24th Sept - Routine Clinic with nurse Lana

Back to the normal routine





NOTICE

Rates and Property Record Updates

The Shire of Sandstone wishes to advise ratepayers and tenement holders that some recent rate notices and property records may contain inaccuracies relating to ownership details, grouped assessments, or other property information.

These discrepancies have arisen due to delays in the receipt of updated schedules and official documentation from Landgate. As these schedules are legal documents, the Shire is unable to amend ownership records, create grouped assessments, or make other property-related changes until the relevant documentation has been formally received and processed.

The Shire acknowledges any inconvenience this may cause and apologises to affected ratepayers. Please be assured that staff are updating records as quickly as possible once the required legal documentation is received.

If you believe your rate notice contains incorrect information, please contact the Shire Administration Office. Staff can confirm whether updated documentation has been received and advise on the status of any pending amendments.

The Shire appreciates your patience and understanding while these matters are being resolved.

Shire of Sandstone
Helen St George Cooper
Deputy CEO
26/08/2026



NOTICE

DENTIST VISIT September 14th to 25th

Residents are advised that appointment times are available for the upcoming visit by the Dentist to Sandstone:

To Book your appointment phone 9343 0574,
give your name and phone number.
Leave a message and the nurse will get back to you.



**FOOTY GRAND FINAL AT THE
RECREATION CENTRE
26th SEPTEMBER**

**Hot Dogs, Pies and Cool Drinks to purchase
BYO Alcoholic Beverages**

**Open from 11:30
Kick Off 12:30**

All Welcome!



Thank you

To the residents who contacted the Shire about receiving the free pet food donated to the community by **Animal Rescue Cooperative WA (ARCWA)**.

We hope your furry friends are happy!



Helen St George Cooper
Deputy Chief Executive Officer
Shire of Sandstone
02/09/2026



**ARC supports help.
Help support ARC.**

<https://arcsupport.org.au>



NOTICE

vaccinations, Pet Checks and Sterilisations

Canine Control will be at the Mount Magnet Recreation Oval on
Friday 16 October
and
Saturday 17 October 2026.

They are doing vaccinations, pet checks and sterilisations.

For those not getting their pet sterilised and only receiving vaccinations,
it will be \$50 (Cash Only) which is payable to Murdoch Uni.

To book or for further enquiries, please contact
Peter – Canine Control – 0427 261 397



SANDSTONE ART & CRAFT SHOW

The opening of the Annual Art and Craft Show with Wine and Cheese Tasting was held on Saturday 15th August with around 80 people coming along to enjoy the evening.

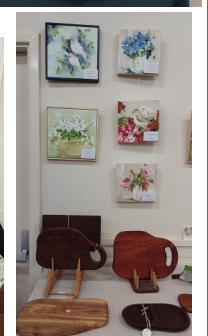
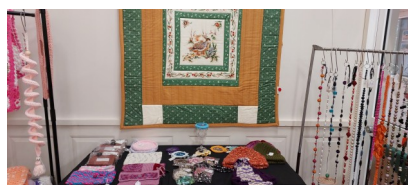
A big thank you to Rox Resources for sponsoring this event; it was fantastic to have Eleanor and Hannah from Rox attending on the opening night.

Sandstone is so incredibly lucky to have so many wonderful, creative people contributing to make this event so successful.

Thank you to all who showcased their amazing arts and crafts, the volunteers who set up the exhibits ready for opening night, and everyone who helped out on the evening including the ladies who brought all the delicious plates of food. This wonderful community spirit is what makes these events so special.

All on again next year everyone, so get busy all you beautiful creative people.

Beth Walton





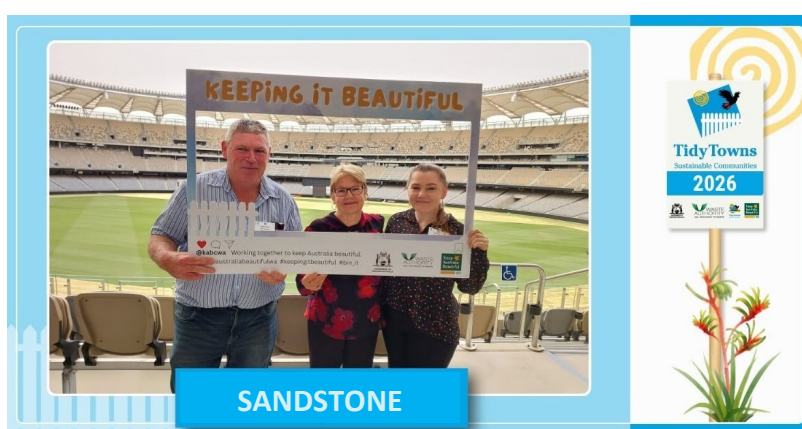
Tidy Towns Sustainable Communities Awards 2026

Sandstone is once again entered into the Tidy Towns Sustainable Communities Awards.

After the success of last year being a finalist in 5 categories and being the overall winner in the Waste Management Award we hope to again celebrate and highlight all the amazing achievements that have happened in our town over the last 12 months.

We live in a beautiful, clean and neat town with strong community spirit, thank you to all who continue to take pride in Sandstone.

Stay tuned for more information.



DID YOU KNOW

Mount Magnet Seniors Group / Op Shop

There is an Op-Shop in Mount Magnet at the old school building, behind the park. Open mon to friday 9 till 12 noon.

They kindly offer tea, coffee and biscuits to visitors.

Relax, have a chat over a cuppa and score a bargain.

They have Clothes, Bric-a-Brac, Electrical and more...

Donations are gratefully accepted.

They also offer free produce when available or by donation.



Northfields

(WA) Pty Ltd

WHO WE ARE

Northfields WA is a Family owned Company, specialising in remote area Concrete Supply and Installation, Civil Construction and Maintenance Works.

Northfields WA have been operating from our Base in the Central Goldfields Area since 1995 and our Core Leadership Team has over 100 years combined knowledge and industry experience.

Our extensive understanding of the conditions Remote Western Australia brings and our second to none Quality Standards, makes Northfields WA the natural choice for all your Concreting, Civil Construction and Maintenance needs.

Supplying a Concrete Future

Customer Focused - Safety First - Quality Always

WHAT WE DO

CONCRETE BATCHING TRUCKS AND SUPPLY

C60 Volumetric Batch Trucks are ideal for remote locations. Pre-programmed concrete mix designs ensure the proper strength and durability of your concrete, for every pour.

CONCRETE INSTALLATION

Specialised Teams of Concrete Installers including Formwork Carpenters, Steelfixers and Concrete Finishers

CIVIL CONSTRUCTION

Earthworks, Refurbishments, Maintenance Work

BUILDING SERVICES

Mess Upgrades, Asbestos Removal, Transportable building (donga) fit-outs, alteration, and construction, installation and re-location

LABOUR HIRE

Project Managers, Supervisors, Carpenters, Specialist Operators, Trades Assistants and General Labourers, Concreters, Elevated Work Platform Operators

MACHINERY HIRE

Extensive Plant & Equipment List



CONTACT

31 May Holman Drive,
Bassendean WA 6054
Phone : 08 6467 7412
Email : admin@northfields.com.au
www.northfields.com.au



PROUD MEMBER OF

CONCRETE INSTITUTE
of AUSTRALIA

1800**medicare**

**Free health advice from
a registered nurse,
available 24/7**

 **1800 633 422**

About 1800MEDICARE

1800MEDICARE (1800 633 422) offers a free, 24/7 helpline where you can speak to a registered nurse about any health concern. The nurse will ask about your symptoms and guide you to the right care, whether that's looking after yourself at home or getting help from a health service in your area.

The service can help when someone:

- is unsure if they need medical help
- needs advice for a non-emergency health concern
- wants help finding services in their area

If you call in the after-hours period, and the nurse recommends seeing a GP, they may arrange for a 1800MEDICARE GP telehealth consultation. This service is available between 6pm and 8am Monday to Friday, and all weekend.

You can also access key health information, electronic prescriptions and more through the 1800MEDICARE app.

Anyone in Australia can call 1800MEDICARE — whether you are calling for yourself, a child, an elderly relative, or someone you care for.

You can use the service even if:

- You do not have a Medicare card
- You are visiting Australia
- You are an international Student

1800MEDICARE is a free service however you may still have to pay for other services you are referred to, such as a GP visit

Is 1800Medicare an emergency service?

No. If you or someone you care for has a life-threatening illness or injury, call Triple Zero (000). For example, you have difficulty breathing, chest pain, severe bleeding, sudden collapse or are seriously injured

For More Information Visit the 1800Medicare Website
www.1800medicare.gov.au

Community Photos

Please send your photos to cso@sandstone.wa.gov.au by the 25th for publication in the next Bush Telegraph



Fire Season - by Stephanie Brown

Vicki McQuie finished off the wadding and backing for the below quilt that was originally made by local general store owner, Jamie Turners, mum. Beautiful teamwork!



Another Containers for Change drop off—Paddy O'Brien

New sign at the Pioneer Park made by Brett Newman



Delicious Birthday Cupcake Box made by Deb Liddington. I got too excited and started eating before taking a photo — oops!



^ AI Art of *Sh*t Can Stan* who lives at the front of the general store—by Shane Walters Brother

Wildflowers Spotted Around Sandstone



GOLF COURSE

Many of the above wildflowers were found on the Sandstone golf course, take a stroll and see what ones you can find!

The golf course is an active club—please **do not drive on the course**.

If you would like to play, clubs are available to hire from the Visitor Centre.



HEALTHY TWISTS

WEEKLY DINNER PLAN



PANTRY PASTA

This fast veggie spaghetti is made from pantry staples and is perfect for a quick weeknight meal.

MONDAY



THAI RED BEEF CURRY

Add as much chilli as you like to this one pot wonder.

TUESDAY



LOADED MUSHROOM BURGER

Packed full of flavour, this fully-loaded mushroom burger is a tasty alternative to take-away.

WEDNESDAY



MEXI-CHICKEN BAKE

This 5-ingredient chicken bake is sure to please the whole family.

THURSDAY



FISH AND CHIPS

A healthy and tasty twist on fish and chips.

FRIDAY



PIZZA

Quicker, cheaper and tastier than home delivered.

SATURDAY



POTATO TOPPED BEEF AND MUSHROOM PIE

A classic recipe with a fluffy, cheesy potato crust.

SUNDAY

For more healthy recipes visit livelighter.com.au/recipe



BEEF AND MUSHROOM PIE



Servings: 4 **Prep time:** 15 minutes **Cook time:** 30 minutes

Ingredients

- ▲ olive or canola oil spray
- ▲ 2 onions, peeled and diced
- ▲ 2 carrots, diced
- ▲ 2 cloves garlic, finely diced
- ▲ 1kg potatoes, cut into 2cm cubes
- ▲ 1 beef stock cube reduced-salt
- ▲ 1 cup boiling water
- ▲ 400g lean beef mince
- ▲ 1 tablespoon plain flour
- ▲ pepper
- ▲ 400g mushrooms, sliced
- ▲ 1 teaspoon dried mixed herbs
- ▲ ½ cup reduced-fat milk
- ▲ 1 cup reduced-fat cheddar cheese, grated

Method

1. Preheat oven to 190°C (170°C fan-forced).
2. Spray a large non-stick saucepan with oil and place on medium to high heat. Add onion and carrot and cook for 3 minutes, stirring occasionally. Add garlic and cook for another minute.
3. Fill a large saucepan with water, add potatoes and place over high heat. Bring to the boil and simmer for 10 minutes until soft.
4. Make up stock by combining stock cube and boiling water.
5. Add mince to onion mixture and brown for 5 minutes, stirring to break up lumps.
6. Sprinkle over flour, season with pepper and stir well; mix in mushrooms, dried herbs and stock.
7. Reduce heat to medium; simmer covered for 15 minutes, or longer if time permits, stirring occasionally until thickened slightly.
8. Drain cooked potatoes and mash with milk until smooth.
9. Pour meat mixture into a large ovenproof dish and spread mash evenly over mince to the edge of dish. Sprinkle with cheese and bake for 30-40 minutes.

Not quite right for your family?

We've got heaps more healthy recipes at livelighter.com.au/Recipe
Or search for one of these:



VEGETABLE LASAGNE



CHICKEN & VEGIE PIE

LIVELIGHTER®

Sandstone Community Craft Group

Join us !



Tuesdays and Fridays

(APRIL to OCTOBER)

9AM to 1PM

At the Community Hall on Hack Street

The group meets every Tuesday and Friday (Closed Public Holidays) with visitors encouraged to join in. (needles and tools provided)
Start something new or continue with your own craft project.



Finished items are displayed for anyone to take a peak and will be available to purchase (Cash only)

For further information,
please contact Karan
0418 905 090.



National 17156

By Auspac Media

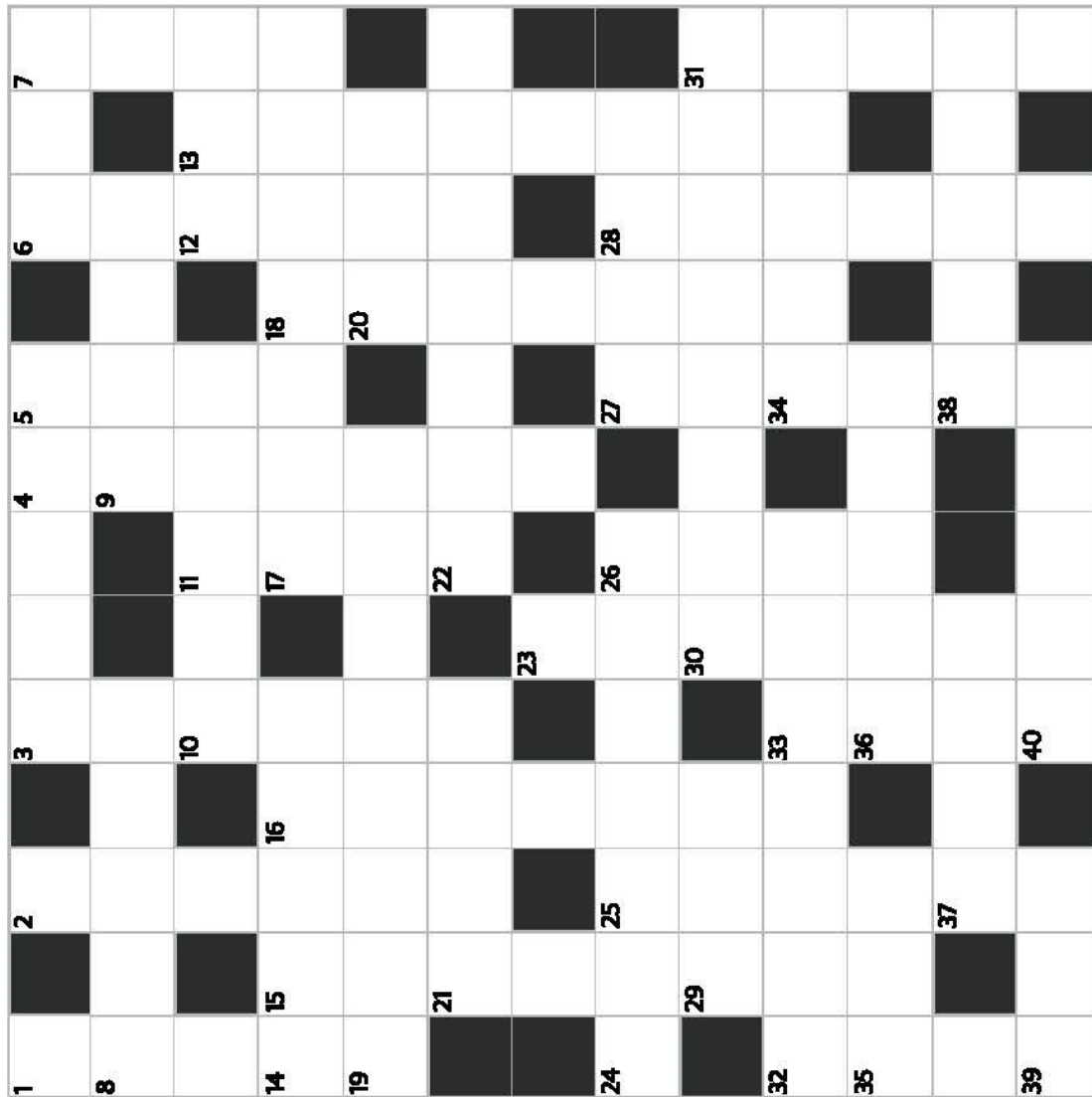
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ACROSS

- 3 Prima donnas
- 6 Sorrowful
- 8 Wear away
- 9 Pointed end
- 10 Loudly (mus)
- 12 Frozen treat
- 14 Think
- 17 Relating to an order
- 19 Not extreme
- 20 Adults
- 21 Observes
- 22 Helps
- 24 Soldier's lodgings
- 27 Back of the neck
- 29 Insect
- 30 Revolving
- 32 Overspread
- 34 Sanity
- 35 Was ahead
- 36 Emits fumes
- 37 Way out
- 38 Boredom

- 39 Large cask
 - 40 Academy Award
- DOWN**
- 1 Rough broom
 - 2 Large brilliant meteor
 - 3 Postpones
 - 4 Female thespian
 - 5 Prosecuted
 - 6 Backbones
 - 7 Affair of honour
 - 11 Roster
 - 13 Barrack taverns
 - 15 That may be true
 - 16 Heckles
 - 18 Ape
 - 23 Thoroughfares
 - 25 Very heavy
 - 26 Painful spot
 - 27 Former Egyptian leader
 - 28 Languishing
 - 31 Icy cold
 - 32 Scheme

CROSSWORD



33 Group of three

								9
		4	7			2	3	
							7	1
8			4				6	
				6				
				2	3			5
4			5	8		9		
6				4		3		
1	2			9	6			

Sudoku Hard 3656

By Auspac Media

© Auspac Media

Word Find 15x15 7056 - The Great Ocean Road

By Greg Bakes

© Auspac Media

Avalon Airport

beauty

biking

blowholes

Brae

car

caves

coastal

Cobden

Colac

Dartmoor

drive

ferry

gateway

golf

gullies

Heywood

inns

journey

Kelpie Muster

koalas

Lismore

Loch Ard Gorge

look

motels

Narrawong

relax

rugged

seals

Simpson

surf

swim

Torquay

tranquil

walks

H	E	Y	W	O	O	D	E	R	O	M	S	I	L	R
S	E	V	A	C	M	R	U	G	G	E	D	W	B	O
K	E	L	P	I	E	M	U	S	T	E	R	T	I	O
S	I	M	P	S	O	N	O	A	J	E	I	R	K	M
G	U	L	L	I	E	S	C	T	S	F	V	O	I	T
Y	E	N	R	U	O	J	E	O	E	N	E	P	N	R
S	C	A	L	O	C	T	I	L	B	L	N	R	G	A
B	T	R	A	N	Q	U	I	L	O	D	S	I	R	D
C	E	R	E	L	A	X	R	L	O	H	E	A	C	Y
S	L	A	E	S	B	R	A	E	A	K	W	N	F	O
S	K	W	U	Y	A	U	Q	R	O	T	G	O	L	F
U	O	O	R	T	R	M	W	A	L	K	S	L	L	A
R	O	N	A	T	Y	K	O	A	L	A	S	A	I	B
F	L	G	C	G	A	T	E	W	A	Y	O	V	O	N
E	G	R	O	G	D	R	A	H	C	O	L	A	S	C

Mosquitos driving you crazy?

The Shire provides residents with free mosquito treatment sachets.
Come into the Administration Office to collect yours!

It is suggested to flush them down the toilet on a semi-regular basis.

SumiLarv®

SumiLarv™ 0.5G | Vector Control

www.sumivector.com/sumilarv-05g

Lawn Bowls

Sandstone Community Rec Centre

Anyone wanting to play can arrange hire of bowls from the Visitor Centre



The Community Bus

Day trip to Mt Magnet and back

Trips will be the FIRST Monday of each month.



Please contact the shire office to confirm dates and to book.

(08) 9963 5802

The monthly runs are subject to booking numbers (minimum of 3) and availability of drivers.



The Sandstone Bush Fire Brigade is looking for volunteers

Meetings are held regularly
at the Bush Fire Brigade Station
Lot 73, Rowe Street

WE WANT YOU!

For more information, please call The Shire Office on (08) 9963 5802



Make a difference for your community.
Become an ambulance *volunteer.*

Supporting your Sandstone community is one of the best ways to get to know it. Join a social, inclusive and committed team, and you'll be surprised by the friendships you'll make, which can be as rewarding as the good you're doing for your town.

- Full training provided in a friendly, supportive environment.
- No medical experience required - all you need to get started is a police check. A clean drivers license, and a can do attitude.
- Not all callouts are emergencies - help with routine patient transport.
- Commit to shifts to suit your schedule - a minimum of 60 hrs. per annum.
- Uniforms and ambulance cover provided free of charge.

If this sounds like something you'd like to explore,
visit www.stjohnwa.com.au/changelives/volunteer
call St John Sandstone on 1800 069 393



Before attending the nursing post on Doctor days,
please contact Lana to make an appointment.

Lana can be contacted at home on **08 9963 5831**
or
at the nursing post on Thursdays on **08 9963 5808**

Thank You

Sandstone Physiotherapy

The Physio is currently provided via Telehealth
To make an appointment, please phone Geraldton
Physiotherapy Reception on 08 9956 2204

TELEPHONE HELP LINES

Mental Health Emergency Response Line : Tel: 08 9224 8888

(formerly Psychiatric Emergency Team) Perth WA 6000

Rural Link : Tel: 1800 552 002

4:30pm - 8:30am weeknights

24 hours on weekends and public holidays

Emergency Number
Royal Flying Doctor Service

1800 625 800



Meekatharra RFDS Flying clinics 2026

SEPTEMBER

Thursday 3rd	SANDSTONE	Dr. Phil King
Thursday 17th	SANDSTONE	Dr. Di Comley

OCTOBER

Thursday 1st	SANDSTONE	Dr. TBA
Thursday 15th	SANDSTONE	Dr. Phil King
Thursday 29th	SANDSTONE	Dr. Di Comley

Please note: Doctors are to be confirmed.

3rd Sept = Nurse Lana away

17th Sept = Nurse Lana away

Mobile Dental Service - Sandstone Dates for 2026

Sandstone Monday 14th September - Friday 25th September



Government of Western Australia
North Metropolitan Health Service
Dental Health Services

Health Services



SANDSTONE NURSING POST

IRVINE ST SANDSTONE

Nurse - Lana Lefroy 9963 5808 or 9963 5831



Wiluna Medical Services Available

The following medical services are available from visiting specialists through the Wiluna Medical Centre.

These services are provided free of charge to Sandstone residents and the travelling public.

To make an appointment with visiting specialists, contact Wiluna Medical Centre on **(08) 9981 8600**

Dentist (Monthly)

Gynaecologist

Audiologist

Ear, Nose and Throat (ENT)

Cardiologist

Respiratory

Health and Well being services

Child Health Services,

Paediatrician

Mount Magnet Medical Services

Phone for appointment with the GP **(08) 9940 3222**

Specialist & Allied Health

Services include:

- Cardiologist
- Sonographer
- Respiratory Physician
- Clinical Nurse Specialist
- General Physician
- Dietician
- Diabetes Education
- Podiatrist
- Audiologist
- Physiotherapy
- Renal Education
- Palliative Support Team

How do I see a visiting specialist?

To see the visiting specialists at Murchison Outreach Service (Mt Magnet) you must see the GP who will refer you to the appropriate specialist.

Need to know more? Contact our Specialist Clerk or specialist Nurse for further information on

(08) 9940 3222

For the Police, Fire and Ambulance call:

000

Sandstone is a remote township which currently has
NO EMERGENCY MEDICAL HEALTH SERVICE

If you require EMERGENCY MEDICAL ASSISTANCE call:

1800 625 800

This will put you in contact with the **Royal Flying Doctor Service**,
who will provide immediate advice to you.

SANDSTONE NURSING POST

Irvine Street, Sandstone
RFDS Doctor in attendance every second week on Thursday
9:00am - 11:30am.

Nurse in attendance every Thursday 9:00am - 4:00pm

Phone Number	(08) 9963 5808
After Hours	(08) 9963 5831
Contact person	Lana Lefroy

Should you be traveling and require medical assistance,
24 hour / 7 day services are provided at :

MOUNT MAGNET NURSING POST

Corner of Criddle and Welcome Street, Mt Magnet
Monday - Friday 8:30am - 4:00pm. Closed for lunch

Staff on call for emergencies (08) 9963 3100

MEEKATHARRA HOSPITAL

Savage Street, Meekatharra

24hour casualty service (08) 9961 0600

PUBLIC NOTICES

Lights out in your street?

Lights in all Sandstone streets (besides Oroya Street) are maintained by Horizon Power; to report a street light that isn't working contact Horizon Power direct and state the individual pole number.

This number can be found on the street light pole.

You can call them on **1800 264 914**

or;

Go to their website

www.horizonpower.com.au/faults-outages/report-a-faulty-streetlight/



Pastoralists and D.E.C. in Sandstone and surrounding Shires have an ongoing wild dog bait programme.

Baits are on the ground ALL year round and are fatal to dogs

Dogs are **NOT PERMITTED** on a pastoral lease unless permission has been given.



To avoid being penalised all dogs and cats must be kept in your yard **OR** on a leash at all times.



Please clean up after your dog!!!!

All dogs must be registered.

If your dog is not registered or you are unsure, please contact the Shire office.



Dog registrations are due at the end of October each year.

Directory of Services



KARL IBBOTSON

Phone: (08) 9963 4004
 Fax: (08) 9963 4074
 Mob: 0427 991 893
 Email: murchisonpower@bigpond.com.au
karlibbotson@bigpond.com.au
 Web: www.murchisonpower.com.au
 Lot 483 Criddle Street
 PO Box 204 Mt Magnet WA 6638



EC 006509

JPB Contracting

Paul (Scruffy)
 Bennett

Ph: 0427 841 888



YOU MUST CONTACT THE
SHIRE OF SANDSTONE PRIOR
TO DISPOSAL OF ANY
ASBESTOS MATERIALS

Phone (08) 9963 5802
 Mondays - Fridays
 8:30 - 4:00pm

**LEGAL ACTION WILL
 BE TAKEN FOR
 NON-COMPLIANCE**

Westcoast Seafood

Email: coral@westcoastseafood.com.au

FISH FILLETS-CUTLETS-WHOLE FISH

Smoked Cod (South Africa)	1kg	\$26.00
Royal Bassa (Pacific Dory) (China)	1kg	\$26.00
Southern Ocean Hake (Australia & NZ)	1kg	\$28.00
Whiting Southern (New Zealand)	1kg	\$30.00
Sweetlip Hoki (New Zealand)	1kg	\$30.00
Flathead Fillets - (Queensland)	1kg	\$36.00
Red Spot Emperor - (Thailand)	1kg	\$38.00
Mackerel Cutlets (West Australian)	1kg	\$40.00
Grouper	1kg	\$41.00
Atlantic Cod (Norwegian)	1kg	\$46.00
Pearl Perch (Queensland)	1kg	\$48.00
Tuna Steaks (South Australian)	1kg	\$50.00
Barramundi Portions (Kimberley Aust)	1kg	\$51.00
Salmon Portions - UNGRADED (Norway)	1kg	\$51.00
Gold Band Snapper (Onslow WA)	1kg	\$56.00
Barramundi Fillets	1kg	\$36.00
Red Emperor (Onslow WA)	1kg	\$66.00
Salmon Portions - Premium (Norway)	1kg	\$65.00
Swordfish	1kg	\$54.00
Whole Snapper	KG	\$33.00

Heat and Eat

Family Pies (Beef, Chicken & Leek, Red Wine)	850g	\$21.00
Quiche - (Spinach & Feta)	900g	\$20.00
Pizza (Hawaiian, BBQ Chicken, Supreme)	ea	\$20.00
Chicken Breast Nuggets	1kg	\$26.00
Chicken Wings & Drums (Mild or spicy)	900g	\$27.00
Chicken Sweet Chilli Tenders	800g	\$27.00
Marinated Chicken Wings	1kg	\$21.00
Meat Balls (Aussie BBQ)	1kg	\$29.00
Chicken Meat Roasted	1kg	\$29.00
Mini Spring Rolls - Vegetable	900g	\$27.00
Gourmet Beef Burgers (New Zealand)	1kg	\$29.00
Crumbed Chicken Fillet	1kg	\$27.00
Lamb Rissoles	1kg	\$29.00
Onion Rings	1kg	\$23.00
Dim Sims	1.2kg	\$20.00
Chicken Kiev Balls	1kg	\$27.00

LENARDS CHICKEN

Jumbo Chicken Burgers (8 on a tray)	1kg	\$27.00
Mignons (4 tray)	4pk	\$27.00
Enchiladas (4 tray)	1kg	\$30.00
Marinated Chicken Skewers (10 tray)	10pk	\$29.00
Garlic & Herb Schnitzel (4 tray)	1kg	\$31.00
Rolled Roast - Honey Mac or Cheese & Bacon	1kg	\$31.00
Chicken Kievs (Breast - 4 tray)	4pk	\$34.00

PRAWNS

Marinated Prawn Meat (Garlic or Chilli) (Aust)	500g	\$29.00
Garlic Prawn Skewers (10 pk) (Thailand)	500gr	\$37.00
Cooked Cocktail Prawns	1 KG	\$31.00
Cooked Exmouth Endeavours (West Aust)	1kg	\$33.00
Raw Northern King (West Aust)	1kg	\$33.00
Large Cooked King Prawns (West Aust)	1kg	\$51.00
XLarge Raw Prawn Meat (Aust & Thailand)	1kg	\$51.00
XLarge Cooked Prawn Meat (Thailand)	1kg	\$51.00
XL Raw King Prawns (West Aust)	1kg	\$51.00
Shark Bay Prawn Meat (West Aust)	1kg	\$67.00
Prawn Cones	1kg	\$31.00

MISC SEAFOOD

Mussels Whole (New Zealand)	1kg	\$19.00
Chilli Squid Rings (New Zealand)	500g	\$23.00
NZ Littleneck Clams (New Zealand)	1kg	\$24.00
Raw Crab Meat (Shark Bay WA)	200g	\$24.00
Seafood Marinara (Thailand)	1kg	\$27.00
Squid Tubes (New Zealand)	1kg	\$29.00
Mussell Meat (New Zealand)	1kg	\$32.00
BBQ Combination Pack	1kg	\$31.00
Oysters 1/2 shell (New Zealand - South Island)	1doz	\$32.00
Scallop Meat (Tasmanian)	500g	\$40.00
Moreton Bay Bug MEAT (Queensland)	500g	\$44.00
Crayfish - vary in size 450-600gr	aver	\$9.00
Kinna	170gm	\$41.00

Plus more!



Email Coral for up-to-date price lists and to order.

Directory of Services

GOLDEN EARTHWORKS

Contract front end loader work available.

Contact Lachlan Brown for more information:

PH: 0487 366 360



PL9934 | GF6916 | BF7329

PLUMBING & GAS

SERVICING MID WEST & GOLDFIELDS REGIONS

MINING | COMMERCIAL | RESIDENTIAL | INDUSTRIAL

24/7 EMERGENCY

PH: 0416 307 843 | ADMIN@LEISKHYDRAULICS.COM.AU

Midwest Mental Health and Community Alcohol and Drug Service

1800 051 999

www.wacountry.health.wa.gov.au



Meekatharra

Mental Health Meekatharra Hospital
Savage Street
Meekatharra WA 6642
Telephone: 1800 051 999
Facsimile: 9956 1998

Midwest, Murchison and Gascoyne
Regional visits are conducted regularly
Telephone: 1800 051 999
Facsimile: 9956 1998

Directory of Services



Skinny Diesel Services is based in Mount Magnet and services surrounding Murchison/Goldfields areas. Servicing and repairs from cars to trucks, trailers and heavy machinery.

Phone: 0400 489 405

Email: admin@skinnydieselservices.com.au

57 Richardson Street, Mount Magnet WA

IF YOU REQUIRE THE
SERVICES OF A
JUSTICE OF THE PEACE
PLEASE CALL
MARGARET DUHIG ON
0412 652 835 FOR AN
APPOINTMENT.
THIS IS A FREE AND
CONFIDENTIAL
SERVICE.



POST OFFICE SERVICES

Australia Post (Regular Mail)
Delivered Tuesday & Thursday -
Pick-up after 12noon

Freight (Toll)
Delivered Wednesday & Friday -
Times vary

Gas bottles available through
the Shire of Sandstone Office.
(8.5 and 45kg - Exchange only)



Directory of Services

ACCOMMODATION

OUTBACK ACCOMMODATION SANDSTONE

(08) 9963 5869

outbacksandstone@gmail.com



THE BREAKAWAY

**SHORT AND LONG TERM
ACCOMMODATION**

Phone 0419 910 310
or book direct on Airbnb



OLD POST OFFICE Air BnB

Email: sandstone6639@gmail.com Phone: 0427 934 620



FOOD IN SANDSTONE

THE SANDSTONE GENERAL STORE AND CAFE



Monday to Friday 7AM - 4PM / Saturday & Sunday 7AM—1PM

A wide range of grocery items including fresh fruit, vegetables, dairy, meat, cooking needs, snacks and drinks. Jamie and Siobhan have wonderfully renovated the building and incorporated a Cafe decorated with many interesting curiosities.

Please note: opening times and days vary throughout the year

OUTBACK ACCOMMODATION



Outback Accommodation has an on site shop offering a selection of heat-and-eat meals plus basic pantry needs, canned goods, toiletries, fresh milk, eggs and ice.

Located on the corner of Oroya St and Thaduna St.

Open 7 days - phone: (08) 9963 5869



THE POST OFFICE CAFE

CLOSED

Now operating as an Airbnb

Please note: opening times and days vary throughout the year

Community Bulletin Board

Ordinary Meeting of Council

**The next Ordinary Meeting of Council is
Thursday 24th September 2026
from 1:00pm in Council Chambers**

**When prepared, the Agenda can be viewed online
at www.sandstone.wa.gov.au or at the Sandstone Library**



Telehealth is Here!

Sandstone has received a computer for telehealth consults using the Avaya website (video conferencing system).

Community members will now be able to have face-to-face consults with their medical practitioners in a private room in the Sandstone Community Hall.

Appointment dates and times for the use of these facilities can be booked in with the Shire on 9963 5802



Community Bulletin Board

If you would like your details listed in the next Sandstone Directory please email with your full name, number and any other details you would like included.
(Businesses and Residents)

Email: cso@sandstone.wa.gov.au



ROTARY CLUB

We are the very first Rotary Club that is based purely online in WA. This enables people living in remote/regional areas the option to still provide a service to their local community by joining Rotary E club of E.WA. It's a new and vital Rotary Experience.

We meet via online webinars and the use of Facebook, both open to the public and private sessions.

Name: E-WA Rotary

Website: www.ewarotary.org.au

Facebook: www.facebook.com/ewarotary

Phone: 0408 802 490

Community Group Name:

E-WA Rotary—Kerry O'Shea
rotaryewa@gmail.com

We'd love to hear from you :)

TELSTRA PRIORITY ASSIST SERVICE

<https://www.telstra.com.au/consumer-advice/customer-service/priority-assist>

What's Priority Assistance?

Priority Assistance is a priority fault repair and connection service we offer customers who depend on a working home phone due to a life-threatening medical condition. If you or someone living with you may be at risk without access to a working home phone, you could be eligible for Priority Assistance.

If you're not a current Telstra account holder, you'll need to order a new home phone service to receive Priority Assistance. Call us on [13 22 00](tel:132200) and say 'Priority Assistance' to place your order.

You're also eligible for Priority Assistance if you have other dependent medical conditions and live alone without support or in a remote location.



HERITAGE MUSEUM & VISITOR CENTRE

OPEN - Come say hello !
Look for the open flag

Opens seasonally from around Mid April to October

Community Bulletin Board

Useful Sandstone Telephone Numbers

Shire of Sandstone Office & Post Office	08 9963 5802
Sandstone Museum & Visitor Information Centre	08 9963 5061
Alice Atkinson Caravan Park	08 9963 5859
Sandstone Nursing Post	08 9963 5808
Outback Accommodation	08 9963 5869
General Store and Café	0427 934 620
Justice of the Peace	0412 652 835
Main Roads - Road Conditions (24 Hr Customer Contact Centre)	13 81 38
Mt Magnet Police	08 9963 3222



Meekatharra School of the Air

Kindy Admission 2027

ENROL NOW!

APPLICATIONS NOW OPEN

If your child is born between
01 July 2022 - 30 June 2023
(4 years old by 30 June 2026)
you may apply to enrol your child
at MSOTA for Kindergarten 2027

ENQUIRIES - 9923 5200
email - meekatharra.sota@education.wa.edu.au



Community Bulletin Board

Sandstone Heritage Museum & Visitor Centre

OPEN for the season - Come Say Hello !



Follow us on Facebook for updates



**Sandstone Library is located within the
Shire Administration Building
Monday - Friday 8.00am - 4.30pm**

- Interlibrary Loans
- Audio Books
- Internet access
- DVDs
- Fiction and non Fiction books



Mount Magnet Post & Lotteries

Gifts, cards, stationery, art supplies.
Passport photos and much more
Drop in and browse

Check out the website www.mtmagnetpost.com
Phone: 0419 968 514
(Please text with parcel enquiries)

Looking for Gold?

Want to Prospect near Sandstone?



Please contact the
Department of Mines and Petroleum,
Cr Hepburn and Richardson Streets,
Mount Magnet

Telephone (08) 9963 4509
Fax (08) 9963 4488



If you have a story, photo, birthday, or something else you would like to see in the
Bush Telegraph, please email

cso@sandstone.wa.gov.au

Community Feedback

If you have any ideas that could benefit our community, please feel free to let us know, whether it's activities, workshops or something you would like to see in the near future.

Cut out and drop your feedback form into the Shire office at Reception or post to Shire of Sandstone, Hack Street Sandstone WA 6639 or email to cso@sandstone.wa.gov.au

Do you know where the DEFIBRILATORS are in town?

They can be found at the following locations:

1. Out the front of the Shire Administration Office.
2. Out the front of the Caravan Park Office.
3. Out the front of the General Store.
4. Inside Outback Accommodations Office.
5. On the outside wall of the Recreation Centre.

Please take note of their location—just in case!

Puzzle Solutions

1	B		2	B		3	D	I	V	4	A	5	S		6	S	A	7	D
8	E	R	O	D	E					9	C	U	S	P					U
	S			L		10	F	O	R	T	E		12		13	I	C	E	
14	O	15	P	I	N	E		17	O	R	D	18	I	N	A	L			
19	M	O	D	E	R	A	T	E		20	M	E	N						
		21	S	E	E	S		22	A	S	S	I	S	T	S				
		S		D		23	S		S		T		E						
24	B	25	I	L	L	E	T	26	S		27	N	A	P	E				
		29	B	E	E		30	R	O	T	A	T	I	N	G				31
32	P	L	A	S		33	T	E	R		34	S	E	N	S	E			
35	L	E	D			36	R	E	E	K	S		I		L				
	O		37	E	X	I	T				38	E	N	N	U	I			
39	T	U	N			40	O	S	C	A	R		G			D			

2	7	1	6	3	8	5	4	9
5	6	4	7	1	9	2	3	8
9	8	3	2	5	4	6	7	1
8	9	2	4	7	5	1	6	3
3	4	5	9	6	1	8	2	7
7	1	6	8	2	3	4	9	5
4	3	7	5	8	2	9	1	6
6	5	9	1	4	7	3	8	2
1	2	8	3	9	6	7	5	4

Sudoku Hard 3656

By Auspac Media
© Auspac Media

H	E	Y	W	O	O	D	E	R	O	M	S	I	L	R
S	E	V	A	C	M	R	U	G	G	E	D	W	B	O
K	E	L	P	I	E	M	U	S	T	E	R	T	I	O
S	I	M	P	S	O	N	O	A	J	E	I	R	K	M
G	U	L	L	I	E	S	C	T	S	F	V	O	I	T
Y	E	N	R	U	O	J	E	O	E	N	E	P	N	R
S	C	A	L	O	C	T	I	L	B	L	N	R	G	A
B	T	R	A	N	Q	U	I	L	O	D	S	I	R	D
C	E	R	E	L	A	X	R	L	O	H	E	A	C	Y
S	L	A	E	S	B	R	A	E	A	K	W	N	F	O
S	K	W	U	Y	A	U	Q	R	O	T	G	O	L	F
U	O	O	R	T	R	M	W	A	L	K	S	L	L	A
R	O	N	A	T	Y	K	O	A	L	A	S	A	I	B
F	L	G	C	G	A	T	E	W	A	Y	O	V	O	N
E	G	R	O	G	D	R	A	H	C	O	L	A	S	C

Check out the Live Lighter website to build your own workout and follow along with the video

[LiveLighter - My Workout Builder](https://livelighter.com.au/my-workout-builder) <https://livelighter.com.au/my-workout-builder>

3-MINUTE WORKOUT

Do each exercise for 30 seconds.



OVERHEAD MARCH

Stand up straight with your arms above your head and hands together. Engage your core. Lift your right knee to waist height. Lower your foot back to the floor and repeat on the left leg. For an extra challenge, hold a weight in your hands above your head.



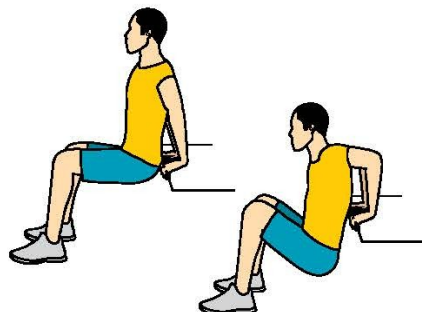
GOOD MORNING

Stand up straight with your feet shoulder width apart, arms crossed over your chest and hands resting on your shoulders. Slightly bend your knees, engage your core and look forward. Keeping your back straight, slowly push your hips back and lean forward until you are parallel to the floor. Pause for 1 second and slowly come back up. Repeat.



SUMO SQUATS

Stand with your feet slightly wider than shoulder width apart and point your toes slightly outwards. Engage your core. Keep your back straight and slowly lower into a sitting position until your thighs are parallel to the floor. Push through your heels to stand up again. Repeat.



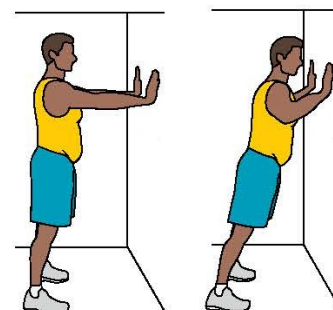
DIPS

Face away from a bench, desk or chair (without wheels). Place your hands shoulder width apart on the edge. Bend your knees to a right angle or extend them in front of you. Engage your core. Slowly bend your elbows and lower your body towards the ground. Slowly push back up into the starting position. Repeat.



TOE TAPS

Stand up straight with your arms by your side. Slowly lift your right leg up to waist height and reach your left hand to touch as close to your toes as you can. Try to keep your back straight. Lower your foot back to the floor and repeat on the other side.



WALL PUSHUPS

Stand up straight facing a wall with your feet shoulder width apart, about one arm's length away from the wall. Place your hands straight in front of you on the wall. Keeping your legs straight, slowly lower your chest towards the wall. Push back into the starting position. Repeat. For an extra challenge, push up from a desk or the floor.



Government of Western Australia
Department of Health



The Bush Telegraph is available digitally on the Shire of Sandstones website

www.sandstone.wa.gov.au/community/the-bush-telegraph

Send Me An Email!



Do you have a picture to share?

A story to tell?

An event to promote?

Or just a question?

Send me an email at cso@sandstone.wa.gov.au

Shire Website



Visit the Shire of Sandstone website for information on Town Services, Council, Community, Tourism, Events and News.

www.sandstone.wa.gov.au

Road Conditions



Road conditions are published on the Shire of Sandstone website.

The bitumen road between Mt Magnet and Leinster is maintained by Main Roads.

Our road condition report includes the following sections within the Sandstone Shire Boundary only:

Sandstone—Youanmi—Paynes Find (Via Gravel)

Youanmi—Mt/Magnet (Via Gravel)

Sandstone—Menzies (Via Gravel)

Sandstone—Meekatharra (Via Gravel)

Sandstone—Wiluna and Gidgee (via Gravel)

Sandstone—Yeelirrie (Via Gravel)

Heritage Trail (Gravel)

The website also has the contacts for nearby shires where you can check on the condition of connecting segments.

September 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 	2 Happy Birthday Tania !	3 RFDS	4 	5 Happy Birthday Lyle !
6	7	8 	9	10 No Nurse Post Happy Birthday Steph !	11 	12 Happy Birthday Maggie !
13	14	15 	16	17 RFDS	18 	19
20	21	22 	23	24 Nurse Post	25 	26
27	28	29 	30			



Craft Group (In the Community Hall on Hack Street - Tuesdays and Fridays 9am)

Internet access is available at the Sandstone Library in the Shire Administration Building, using our computers.

Monday - Friday
8.30am - 4.30pm

Please note :
The Shire Administration building
does not have WIFI



If you would like your event to appear in the Bush Telegraph please contact the Shire of Sandstone - Phone: 08 9963 5802 Email: cs@sandstone.wa.gov.au