

BUSH TELEGRAPH

OCTOBER 2026 FREE

The Shire of Sandstone
Hack St, Sandstone WA 6639
Ph: (08) 9963 5802 | Email: cso@sandstone.wa.gov.au

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SHIRE OF SANDSTONE
OASIS OF THE MURCHISON

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Disclaimer

The Bush Telegraph is published by the Shire of Sandstone as a public service for the community.

The opinions expressed have been published in good faith on the request of the person requesting publication, and are not those of the Shire of Sandstone.

All articles, comments, advice and other material contained in this publication are by way of general comment or advice only and are not intended, nor do they purport to be correct advice on any particular matter or subject referred to.

No person should act on the basis of any matter, comment or advice contained in this publication without first considering, and if necessary taking appropriate professional advice upon the applicability to their particular circumstances. Accordingly, no responsibility is accepted or taken by the Shire of Sandstone, or the authors and editors of the Bush Telegraph, for any damage or loss suffered by any party acting in reliance on any matter, comment or advice contained herein.

Contributions

Please contact the Shire of Sandstone Administration Office if you wish to contribute to the Bush Telegraph and take part in a chance to win a $50.00 cash prize.

You can email your contributions to cso@sandstone.wa.gov.au or drop it into the Shire Administration Building.

If you wish to stay anonymous, you can put your contribution in an envelope, write Bush Telegraph on the front and drop it in the red mailbox at the Shire Administration building.

Cut-off time for all contributions is the 25th of every month which will allow our staff time to include your contribution. Contributions made after the 25th will be included in the next edition.

Feedback

Tell us what you liked, what you didn't like, what could be improved and what you like to see.

_____

_____

_____

_____

_____

_____

Cut out and drop your feedback form in the Shire office at Reception or email to cso@sandstone.wa.gov.au

SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639

From the Desk of the CEO



TOWN FUEL SUPPLIES

The fuel supplied through the town bowser is undergoing regular price variations.
The Council has amended its policy of an administration fee from a percentage to a fix fee per litre.
With the percentage, each time the fuel buying price increases the administration fee increases exponentially. Its not the Council's aim to make excessive profits from the fuel sales but to cover the administration costs only.
This benefits the customers more so, particularly when the buying price of fuel increases.

COUNCIL HOUSING PROJECT

The preparatory works are continuing on the Council's housing project, bringing two 2 x 1 houses to Sandstone. At this time it's not known when the houses will be in situ.

TIDY TOWNS INSPECTION

The tidy towns judges have come and gone and were very impressed with the appearance of the townsite. As you would have noticed we have been busy making the town better than ever. The everlastings planted in Oroya Street by Jo and Tegan Brown were magnificent and impressed the judges.

EVENTS

Congratulations to all those involved in the Art Show, the Variety Club Bash and the volunteers who attended the Community Garden Busy Bee.
Small towns struggle without the great work of volunteers.



AMBULANCE SERVICES – A REMINDER

Residents and visitors are reminded in cases of a medical emergency, please ring **000.** Do not ring local volunteers.

Peter Money

Chief Executive officer

Shire of Sandstone

SHIRE OF SANDSTONE
OASIS OF THE MURCHISON

SHIRE OF SANDSTONE
OASIS OF THE MURCHISON

SHIRE NEWS

SHIRE OF SANDSTONE
HACK STREET SANDSTONE WA 6639
PHONE: 08 9963 5802
EMAIL: dceo@sandstone.wa.gov.au

Council meeting dates 2026

Meetings commence at 1:00pm in the Council Chambers located at the rear of the Shire Administration Centre.

Meetings are open to the public.

2026	
January	Special Meeting 15th
February	26th
March	26th
April	~~23rd~~ 28th
May	Special 13th
	~~28th~~ 26th
June	25th
July	23rd
August	Special 6th and 13th
	27th
September	24th
October	22nd
November	26th
December	16th



The Environmental Health Officer for the Shire of Sandstone is

Bill Atyeo

eho@mtmagnet.wa.gov.au 0483 350 133















SANDSTONE ICPA CAMP 2026

By Lara Jensen

It was late one Friday afternoon in July when the doors to the Sandstone Primary School opened, and the first of many families began to trickle into the old stone building. The wooden floorboards creaked as a busied procession of parents filed up and down the old hallway with overnight bags, swags, and cooler bags full of snacks and casseroles to stock up the communal fridge. While adults gave each other snags of life updates while unpacking cars, kids spilled out through the back doors and onto the lawn, wasting no time to mingle with mates they hadn't seen for ages.

This year marked the fifth annual ICPA Sandstone camp hosted by the Goldfields Eyre and Meekatharra Air branch. The camp, which ran from July 3 to 6, was once again a success for children and parents alike, with families from across the Goldfields, Murchison and Pilbara regions attending for the weekend.

On the first night, after most families had arrived, the children held their usual sausage sizzle at the Sandstone Caravan Park. The sausage sizzle was a fundraiser for the kids' Cambodia Club, a charity group that meets over Zoom. Currently, the club is sponsoring an APOPO mine-sniffing dog named Kim and a mine-sniffing rat named Imeldo. Both animals are currently deployed in Cambodia, detecting land mines left behind by the Khmer Rouge. The mention of the rat, as usual, invited some questions from customers (a *rat*? How big is it?).
Along with the sausages, the Vernon kids from Mt Jackson station sold freshly laid eggs, homemade crafts and cookie mix. They also hosted a jellybean jar guessing competition. With all these goods on display, it didn't take long for the lines to form. The kids and parents could barely butter the bread and cook the sausages fast enough as locals, workers and travellers flocked to join the queue. The Cambodia club ended up raising $1290 from the night. As the sun went down, the music came out to serenade the sausage-sizzle crowd. Heidi Vernon was on the ukulele, and Bidge Coppin from Muccan Station was on the guitar. They played a collection of songs, including some Ben E. King, Neil Young and Slim Dusty for everyone who'd pulled up a pew to enjoy the night.

The following morning, the kids moved through a rotation of activities, including floral crown-making hosted by Lara Jensen of Wondinong Station, archery lessons with Bill Burrows, papermaking with Julia Foulkes-Taylor of Yuin Station, and a tug-of-war challenge. After a delicious lunch provided by the Sandstone General Store and Café, the afternoon saw the launch of another Cambodia Club fundraising activity—the colour run. The kids ran around the old Sandstone school and oval, making sure no colour went to waste and everyone was covered head to toe in powder. $721.80 was raised through colour run sponsorships. Once the kids were thoroughly splattered in pinks, greens and blues, they were treated to an educational session by Anna Mahony, from Muccan station, on bovine digestion – a handy lesson, especially for the young pastoralists.

That evening, after showering and scrubbing themselves free of colour, the kids headed to the Sandstone Town Hall for the disco. The theme for this year's night was 'Welcome to the Jungle', so it was only fitting that Guns N' Roses was the first band to play as the kids entered the building. It didn't take long for everyone to get into a groove, especially when Lee Kernaghan and Slim Dusty entered the mix. Even Sandstone Shire President Beth Walton joined the dance floor for some Bob Seger! As the kids danced the night away, you couldn't help but think about the events, songs and voices that the Sandstone Community Hall would have held in decades gone by. Talking to people like Beth, who has a deep vein in Sandstone and the surrounding area, you always get a sense for the era that came before this one – a time of more social occasions bolstered by the sheer number of workers and families in the area. And while these events are still very much around (they stand out as important days in our calendars out here in the bush), there definitely has been a marked change as the years roll on, and fewer people, especially families, call the country their home. And yet, despite these changes, we are here, and here these kids are, living a very lucky life in the outback and dancing to Slim Dusty in Sandstone.









On Sunday morning, the kids showcased their industrious sides in a billy tea challenge. Who could start a campfire and boil a billy the fastest? The judges, Dale Vernon and Corey Folezzani, taste-tested the tea (there were some interesting facial expressions going on; the kids obviously like their tea strong), and a winner was announced. That same morning, Blaire Ridley of Kirkalocka station held a cupcake-decorating workshop for the kids, and Maree le Moignan of Warralakin held a story-dog session with Digby. During this time, Bill and Michelle Burrows drew the winning names for a raffle raising money for REVISE WA. REVISE is an organisation that provides support to home tutors. Retired teachers volunteer their time to teach distance education students as part of the program. The raffle raised a whopping $3465. Around lunchtime, everyone set off for the old Sandstone brewery for a picnic lunch and a damper-making lesson over the campfire with Bill Burrows. Afterwards, it was off to London Bridge for a game of Capture the Flag, the last formal activity for the day, and for the camp.

Every year, this camp is brought together through the hard work, time and support of the families who organise and attend, as well as the wider community. A big thank you to Bill and Michelle Burrows for coming to assist in a second year. Bill and Michelle are already well ingrained in the community for the work they do as REVISE volunteers, so having them at camp was a delight. We'd also like to thank Maree Le Moignan and Digby for making the trek once again for the weekend and all their help with activities and behind the scenes. Digby has become a staple at camps, and all the kids, young and old, can't ever get enough of him. Thank you to Alan and Tammy Browning for their kind donations towards the running of the camp and thank you to Blair Ridley for donating cool drinks to the Cambodia Club sausage sizzle.

And last but certainly not least, a heartfelt thank you once again to the Shire of Sandstone, and Shire President Beth Walton for all her help, support and commitment to our camp. It is a pleasure every year to be so warmly welcomed into Sandstone – a gorgeous town that has become an excellent meeting ground for families to catch up and connect. While the camp is now over—swags rolled up, stretchers packed away, and friends farewelled— the lasting impact these camps have on the children who grow up in rural and remote areas cannot be understated. Whether it is the times chasing one another at London Bridge, dancing in the community hall, or pushing one another on the swings as the setting sun comes through the bush like honey, these are the moments the kids will take with them fondly in memory.





























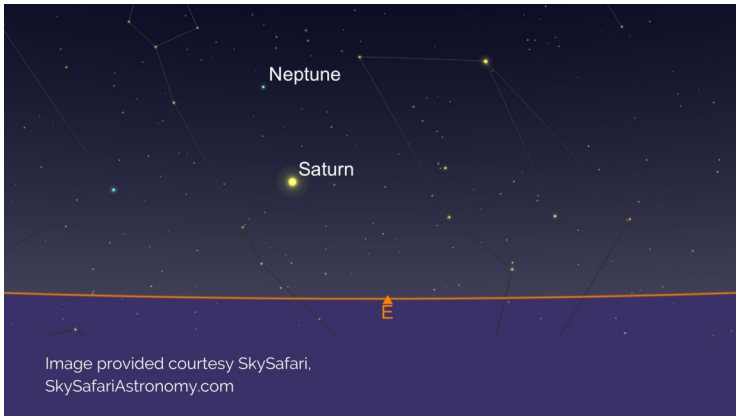






For more information on each event visit the amazing website: www.astrotourismwa.com.au

October Stargazing



Saturn at its Best | 4th October

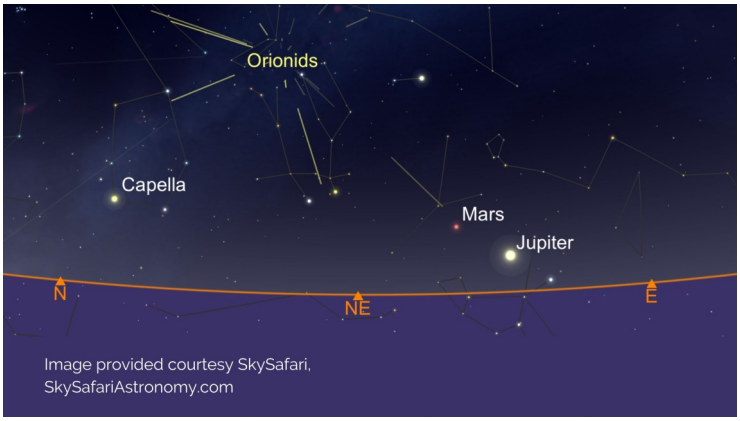
This is the month to view Saturn!
This image is for about 7pm in the early evening of 4th October. On this date, Saturn is at what is called "opposition" and means it is closest to Earth for the year. It also means that this is the ideal time to view Saturn through telescopes.
If you have a telescope and are keen to find Saturn, wait until it rises further above the horizon.
Objects are always best viewed in telescopes when they have risen higher in the night sky. This is because when objects are higher, we look through less atmosphere and the view is clearer.

Use the above image as a guide. Astronomical images provided by SkySafari, a Simulation Curriculum Company, All rights reserved www.simulationcurriculum.com.

Something interesting

"Opposition" is a word that astronomers often use. A planet is said to be in "opposition" when it is on the opposite side of Earth to the Sun.

"Opposition" only occurs for planets that are further out from Earth's orbit around the Sun. Mercury and Venus can never be in "opposition" because their orbits are closer to the Sun than Earth's. Earth can never be in between these planets and the Sun!



Orionid Meteor Shower 22nd-23rd October

If you're a stargazer out enjoying the 2026 Orionid Meteor Shower, you might expect to see up to 20 meteors per hour.
The Orionids meteors are generated from Halley's Comet, which last graced our night sky in 1986. In December 2024, the comet began its nearly 40-year journey back past the Earth and is due to appear in our skies in June 2061.
The Orionid meteor shower appears to come from the constellation Orion, which is visible just about everywhere on Earth.

Is the Orionid meteor shower worth me getting out of bed for?

It is worth getting out of bed for the Orionids this years, but we advise that it's best to wait until after the Moon has set at 3am on the morning of 22 October.

Do I need a telescope or binoculars to see the Orionids?

You don't need either a telescope or binoculars to see a meteor shower. Meteor showers make for a great time to gather with friends under the stars. Simply roll out your favourite picnic rug, pack the drinks and snacks, and start counting how many "shooting stars" you see!

The predicted hourly rate of meteors you'll see presumes you're viewing them in a perfectly dark sky and that the shower is directly overhead, so your numbers might vary. But keep your fingers crossed for a spectacular show!

ASTRO TOURISM
WESTERN AUSTRALIA

SHIRE OF SANDSTONE
OASIS OF THE MURCHISON

NOTICE

Notice of intention to dispose of property

In accordance with the Local Government Act s3.58 and Local Government Regulations Reg 30, the Council of the Shire of Sandstone has agreed to consider the disposal of the vacant property at 6 Griffith Street Sandstone for the sum of $25,000.

The proposed purchaser is Julie Waters.

Interested persons may make comment of the proposal no later than 12:00 PM, Friday October 16, 2026.

Any comments of the proposal are to be addressed as below:

Chief Executive Officer
Shire of Sandstone
23 Hack Street Sandstone WA 6639
ceo@sandstone.wa.gov.au

SHIRE OF SANDSTONE
OASIS OF THE MURCHISON

NOTICE

vaccinations, Pet Checks and Sterilisations

Canine Control will be at the Mount Magnet Recreation Oval on
Friday 16 October
and
Saturday 17 October 2026.

They are doing vaccinations, pet checks and sterilisations.

For those not getting their pet sterilised and only receiving vaccinations, it will be $50 (Cash Only) which is payable to Murdoch Uni.

To book or for further enquiries, please contact
Peter – Canine Control – 0427 261 397





LADIES NIGHT

Come Join us for a Ladies Night!

Activities and Games Available

At the Recreation Centre

10th October 6pm



BYO Drinks and a Share Plate



17th October 2026

At the Recreation Centre

Eyes down at 7pm - Don’t be late!

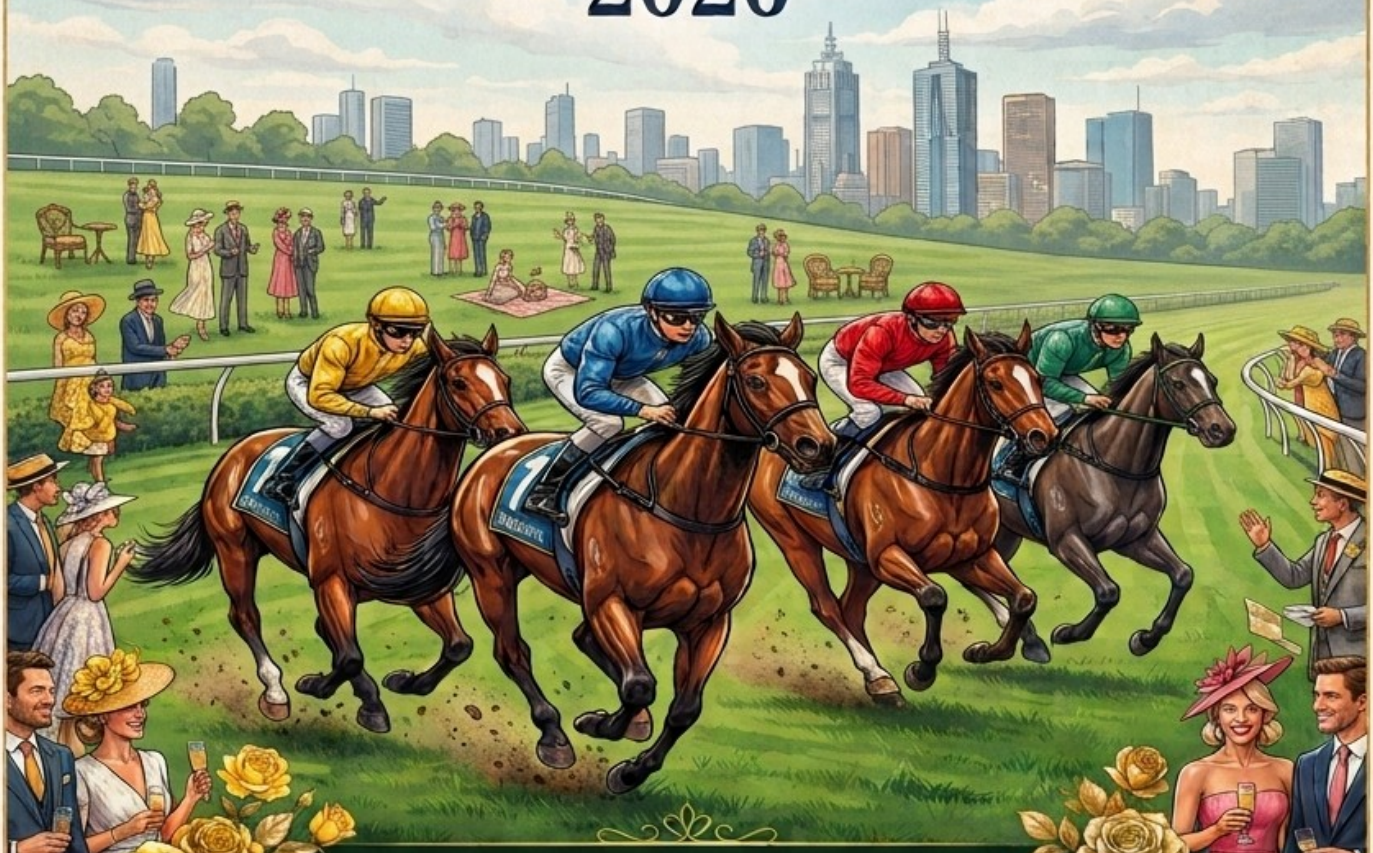
$25 to Play
BYO Drinks & Snacks

All Welcome!



SANDSTONE RECREATION CENTRE

MELBOURNE CUP LUNCHEON 2026



TUESDAY NOVEMBER 3, 2026

Sandstone Recreation Centre

THEME: FASHIONS ON THE FIELD

Prizes for Best Dressed

THE DETAILS:

BYO Alcohol
Bring a Share Plate of Food
Please Bring Cash

SCHEDULE:

Doors Open: 10:30am
Race Starts: 12:00pm
Sweeps Available

Tidy Towns
Sustainable Communities Awards 2026

Sandstone was visited by the Tidy Towns Judges, Cat and Angelique, on the 16th September with Works Manager Paddy O'Brien and CSO Tegan Brown taking them for a tour of Sandstone in the Community Bus.

After driving around the town of Sandstone highlighting the beautiful streetscape and initiatives such as the recycling stations the Community Bus went out to the tip site and off along the Heritage Trail. (Below Images)

It was the judges first time to Sandstone and they had many positive comments to make about our little oasis.

We will find out sometime this month if we have made it to the finals.

Stay tuned for more information.



The Old Brewery in the breakaway



Judge Angelique at London Bridge



The Cottages at the State Battery



Contradiction Well with works underway

Tegan Brown

Northfields (WA) Pty Ltd

WHO WE ARE

Northfields WA is a Family owned Company, specialising in remote area Concrete Supply and Installation, Civil Construction and Maintenance Works.

Northfields WA have been operating from our Base in the Central Goldfields Area since 1995 and our Core Leadership Team has over 100 years combined knowledge and industry experience.

Our extensive understanding of the conditions Remote Western Australia brings and our second to none Quality Standards, makes Northfields WA the natural choice for all your Concreting, Civil Construction and Maintenance needs.

Supplying a Concrete Future

Customer Focused - Safety First - Quality Always



WHAT WE DO

CONCRETE BATCHING TRUCKS AND SUPPLY

C60 Volumetric Batch Trucks are ideal for remote locations. Pre-programmed concrete mix designs ensure the proper strength and durability of your concrete, for every pour.

CONCRETE INSTALLATION

Specialised Teams of Concrete Installers including Formwork Carpenters, Steelfixers and Concrete Finishers

CIVIL CONSTRUCTION

Earthworks, Refurbishments, Maintenance Work

BUILDING SERVICES

Mess Upgrades, Asbestos Removal, Transportable building (donga) fit-outs, alteration, and construction, installation and re-location

LABOUR HIRE

Project Managers, Supervisors, Carpenters, Specialist Operators, Trades Assistants and General Labourers, Concreters, Elevated Work Platform Operators

MACHINERY HIRE

Extensive Plant & Equipment List



CONTACT

31 May Holman Drive,
Bassendean WA 6054
Phone : 08 6467 7412
Email : admin@northfields.com.au
www.northfields.com.au

PROUD MEMBER OF
CONCRETE INSTITUTE of AUSTRALIA

Community Photos

Please send your photos to cso@sandstone.wa.gov.au **by the 25th** for publication in the next Bush Telegraph



Thorney Devil Lizard
— By Dick Henning



Western Bearded Dragon
— By Dick Henning



Dingo pups running along the dog fence
— By Dick Henning



By Tegan Brown



Nest - By Tegan Brown



Wildflowers - By Tegan Brown



Wildflowers growing in the Cemetery - By Tegan

Wildflowers Spotted Around Sandstone

By Tegan Brown











GOLF COURSE

Many wildflowers can be found on the Sandstone Golf Course, take a stroll and see what ones you can find!

The golf course is an active club—please **do not drive on the course**.

If you would like to play, clubs are available to hire from the Visitor Centre.



1800 medicare

Free health advice from a registered nurse, available 24/7

1800 633 422

About 1800MEDICARE

1800MEDICARE (1800 633 422) offers a free, 24/7 helpline where you can speak to a registered nurse about any health concern. The nurse will ask about your symptoms and guide you to the right care, whether that's looking after yourself at home or getting help from a health service in your area.

The service can help when someone:

- is unsure if they need medical help
- needs advice for a non-emergency health concern
- wants help finding services in their area

If you call in the after-hours period, and the nurse recommends seeing a GP, they may arrange for a 1800MEDICARE GP telehealth consultation. This service is available between 6pm and 8am Monday to Friday, and all weekend.

You can also access key health information, electronic prescriptions and more through the 1800MEDICARE app.

Anyone in Australia can call 1800MEDICARE — whether you are calling for yourself, a child, an elderly relative, or someone you care for.

You can use the service even if:

- You do not have a Medicare card
- You are visiting Australia
- You are an international Student

1800MEDICARE is a free service however you may still have to pay for other services you are referred to, such as a GP visit

Is 1800Medicare an emergency service?

No. If you or someone you care for has a life-threatening illness or injury, call Triple Zero (000). For example, you have difficulty breathing, chest pain, severe bleeding, sudden collapse or are seriously injured

For More Information Visit the 1800Medicare Website
www.1800medicare.gov.au



Sandstone has collaborated with StoryTowns to produce an audio town tour showcasing seven sites of interest.

The app is free to download and listen ! There are some paid audio guides further afield but all Sandstone and most of our nearby towns have completely free access so everyone can enjoy.

Go on, give it a listen!

DOWNLOAD APP



Told by locals

Whether you're driving through scenic routes, strolling down bustling city streets, or using public transport, let Storytowns audio guides narrate the sites and towns around you. Storytowns collaborates with communities to craft immersive audio guides, offering authentic travel tales from the heart of each neighborhood. Simply download our app and explore the world with Storytowns.

MEXI-CHICKEN BAKE



THURSDAY

Servings: 4 **Prep time:** 15 minutes **Cook time:** 30 minutes

Ingredients

- 2 onions, diced
- 2 capsicums, deseeded, diced
- 2 x 420g cans Mexi-beans or salsa flavoured kidney beans

  If Mexi-beans are not available, use a can of red kidney beans and a jar of salsa instead.
- 400g skinless chicken breast, sliced in half lengthways and chopped
- 1 cup reduced-fat mozzarella cheese, grated

Method

1. Preheat oven to 220°C (200°C fan-forced).
2. Combine onion, capsicum and canned beans in a large ovenproof dish.
3. Place chicken pieces into bean mix and press down so they are covered by sauce. Cover with foil.
4. Bake for 20 minutes, then remove foil, sprinkle with cheese and bake for a further 5-10 minutes until sauce is bubbling and cheese has browned.
5. Divide between plates and serve immediately.

Not quite right for your family?

We've got heaps more healthy recipes at livelighter.com.au/Recipe
Or search for one of these:



BEEF & BEAN BURRITO



MEXIBEAN TORTILLA MELT

LIVELIGHTER®

Sandstone Community Craft Group

Join us !





Tuesdays and Fridays
(APRIL to OCTOBER)
9AM to 1PM
At the Community Hall on Hack Street

The group meets every Tuesday and Friday (Closed Public Holidays) with visitors encouraged to join in. (needles and tools provided)
Start something new or continue with your own craft project.

Finished items are displayed for anyone to take a peak and will be available to purchase (Cash only)



For further information,
please contact Karan
0418 905 090.

National 17210

By Auspac Media

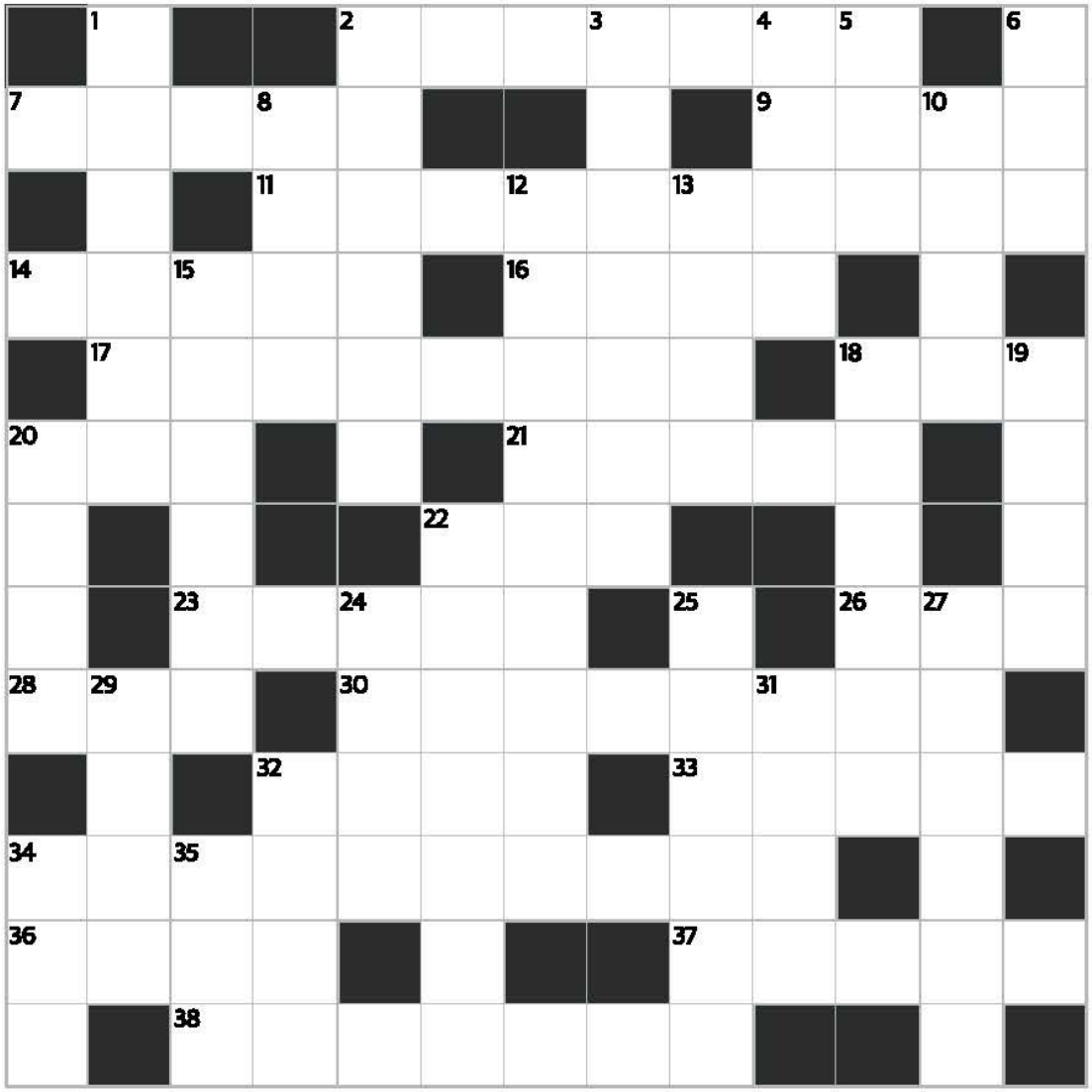
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ACROSS

2 Singer
7 Fragment
9 Musical instrument
11 Reflection
14 Of sound waves
16 Weary
17 Dregs
18 Dry, of champagne
20 Employ
21 Melodious sound
22 Neckwear
23 Borders
26 Corn spike
28 Strange
30 Full of life
32 Dash
33 Of the kidneys
34 Four-sided figures
36 Golf club
37 Anaesthetic
38 Woodwind instrument

DOWN

1 From side to side
2 Coined money
3 Body of retainers
4 Musical sound
5 Kimono sash
6 Marsh
8 In the midst of
10 Soft mud
12 Setting out by item
13 Specialised skills
15 Required
18 Shelter
19 Coconut husk fibre
20 Unfasten
22 Occupants
24 Festive
25 Heel over
27 Proverbs
29 Horned ruminant
31 Examine
32 Sicilian volcano
34 Edge



35 Male swan

CROSSWORD

		6	4		1			7
	8	1			2			
		7						
		3						5
2	6						4	
	7		2					
3			1			2		
					9		8	
					5	9		6

Sudoku Easy 3710

By Auspac Media

© Auspac Media

Word Find 15x15 7105 - Fruit picking

By Greg Bakes

© Auspac Media

akee
betel
Cape gooseberry
Carmelite
Catawba
colmar
crabapple
crop
date
dogwood
drupe
durian
figs
gage
gean
hail
kaki
Kiwi
ladder
lime
mango
mast
morel
musk pear
nuts
olive
pecan
peel
pests
plum
pome
prune
rain
rasp
redcurrant
rhubarb
ripe
russet
sloe
sorting
soursop

Y	R	R	E	B	E	S	O	O	G	E	P	A	C	A
K	A	K	I	G	L	E	L	A	D	D	E	R	B	G
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I	U	I	I	E	N	C	R	O	R	A	S	P	R	C
D	G	P	M	P	T	U	R	A	S	E	B	E	C	D
N	N	E	E	K	A	E	R	O	M	R	E	U	P	E
O	I	M	O	R	E	L	B	P	P	L	U	M	H	R
P	E	R	A	E	P	K	S	U	M	S	O	O	O	R
S	E	P	U	R	D	O	O	W	G	O	D	C	S	P

Spondias
Ugni
Uva
whurt

Mosquitos driving you crazy?

The Shire provides residents with free mosquito treatment sachets.
Come into the Administration Office to collect yours!

It is suggested to flush them down the toilet on a semi-regular basis.



SumiLarv™ 0.5G | Vector Control

www.sumivector.com/sumilarv-05g

Lawn Bowls

Sandstone Community Rec Centre

Anyone wanting to play can arrange hire of bowls from the Visitor Centre



The Community Bus

Day trip to Mt Magnet and back

Trips will be the <u>FIRST Monday</u> of each month.



Please contact the shire office to confirm dates and to book.

(08) 9963 5802

The monthly runs are subject to booking numbers (minimum of 3) and availability of drivers.

SHIRE OF SANDSTONE
OASIS OF THE MURCHISON

The Sandstone Bush Fire Brigade is looking for volunteers

Meetings are held regularly
at the Bush Fire Brigade Station
Lot 73, Rowe Street

WE WANT YOU!

For more information, please call The Shire Office on (08) 9963 5802

SHIRE OF SANDSTONE
OASIS OF THE MURCHISON



St John

Make a difference for your community. Become an ambulance *volunteer*.

Supporting your Sandstone community is one of the best ways to get to know it. Join a social, inclusive and committed team, and you'll be surprised by the friendships you'll make, which can be as rewarding as the good you're doing for your town.

- Full training provided in a friendly, supportive environment.
- No medical experience required - all you need to get started is a police check. A clean drivers license, and a can do attitude.
- Not all callouts are emergencies - help with routine patient transport.
- Commit to shifts to suit your schedule - a minimum of 60 hrs. per annum.
- Uniforms and ambulance cover provided free of charge.

If this sounds like something you'd like to explore,
visit **www.stjohnwa.com.au/changelives/volunteer**
call St John Sandstone on 1800 069 393

SANDSTONE NURSING POST

IRVINE ST SANDSTONE

Nurse - Lana Lefroy 9963 5808 or 9963 5831

Before attending the nursing post on Doctor days,
please contact Lana to make an appointment.

Lana can be contacted at home on **08 9963 5831**
or
at the nursing post on Thursdays on **08 9963 5808**

Thank You

Sandstone Physiotherapy

The Physio is currently provided via Telehealth

To make an appointment, please phone Geraldton Physiotherapy Reception on 08 9956 2204

TELEPHONE HELP LINES

Mental Health Emergency Response Line : Tel: 08 9224 8888

(formerly Psychiatric Emergency Team) Perth WA 6000

Rural Link : Tel: 1800 552 002

4:30pm - 8:30am weeknights

24 hours on weekends and public holidays

Emergency Number

Royal Flying Doctor Service

1800 625 800

SANDSTONE NURSING POST

IRVINE ST SANDSTONE

Nurse - Lana Lefroy 9963 5808 or 9963 5831

Meekatharra RFDS Flying clinics 2026

OCTOBER

Thursday 1st	**SANDSTONE**	**Dr. TBA**
Thursday 15th	**SANDSTONE**	**Dr. Phil King**
Thursday 29th	**SANDSTONE**	**Dr. Di Comley**

Note: Nurse Lana will be away on the 29th and another nurse will attend.

NOVEMBER

Thursday 12th	**SANDSTONE**	**Dr. Phil King**
Thursday 26th	**SANDSTONE**	**TBA**

DECEMBER

Thursday 10th	**SANDSTONE**	**Dr. Di Comley**
Thursday 24th	**CANCELLED**	

Mobile Dental Service - Sandstone Dates for 2026

Monday 14th September - Friday 25th September - COMPLETE

Government of **Western Australia**
North Metropolitan Health Service
Dental Health Services

Health Services



Sandstone Nursing Post

Irvine St Sandstone

Nurse - Lana Lefroy 9963 5808 or 9963 5831



Wiluna Medical Services Available

The following medical services are available from visiting specialists through the Wiluna Medical Centre.

These services are provided free of charge to Sandstone residents and the travelling public.

To make an appointment with visiting specialists, contact Wiluna Medical Centre on **(08) 9981 8600**

Dentist (Monthly)
Gynaecologist
Audiologist
Ear, Nose and Throat (ENT)
Cardiologist
Respiratory

Health and Well being services
Child Health Services,
Paediatrician

Mount Magnet Medical Services

Phone for appointment with the GP **(08) 9940 3222**

Specialist & Allied Health

Services include:

- Cardiologist
- Sonographer
- Respiratory Physician
- Clinical Nurse Specialist
- General Physician
- Dietician
- Diabetes Education
- Podiatrist
- Audiologist
- Physiotherapy
- Renal Education
- Palliative Support Team

How do I see a visiting specialist?

To see the visiting specialists at Murchison Outreach Service (Mt Magnet) you must see the GP who will refer you to the appropriate specialist.

Need to know more? Contact our Specialist Clerk or specialist Nurse for further information on

(08) 9940 3222

For the Police, Fire and Ambulance call:

000

Sandstone is a remote township which currently has
NO EMERGENCY MEDICAL HEALTH SERVICE

If you require EMERGENCY MEDICAL ASSISTANCE call:

1800 625 800

This will put you in contact with the **Royal Flying Doctor Service**,

who will provide immediate advice to you.

SANDSTONE NURSING POST

Irvine Street, Sandstone
RFDS Doctor in attendance every second week on Thursday
9:00am - 11:30am.

Nurse in attendance every Thursday 9:00am - 4:00pm

Phone Number	(08) 9963 5808
After Hours	(08) 9963 5831
Contact person	Lana Lefroy

Should you be traveling and require medical assistance,

24 hour / 7 day services are provided at :

MOUNT MAGNET NURSING POST

Corner of Criddle and Welcome Street, Mt Magnet
Monday - Friday 8:30am - 4:00pm. Closed for lunch

Staff on call for emergencies (08) 9963 3100

MEEKATHARRA HOSPITAL

Savage Street, Meekatharra

24hour casualty service (08) 9961 0600

PUBLIC NOTICES

Lights out in your street?

Lights in all Sandstone streets (besides Oroya Street) are maintained by Horizon Power; to report a street light that isn't working contact Horizon Power direct and state the individual pole number.
This number can be found on the street light pole.

You can call them on **1800 264 914**
or;
Go to their website
www.horizonpower.com.au/faults-outages/report-a-faulty-streetlight/



Pastoralists and D.E.C. in Sandstone and surrounding Shires have an ongoing wild dog bait programme.

Baits are on the ground ALL year round and are fatal to dogs

Dogs are **NOT PERMITTED** on a pastoral lease unless permission has been given.



To avoid being penalised all dogs and cats must be kept in your yard **OR** on a leash at all times.



Please clean up after your dog!!!!!

All dogs must be registered.

If your dog is not registered or you are unsure, please contact the Shire office.



Dog registrations are due at the end of October each year.

Directory of Services

Do you want your service listed in the Bush Telegraph?

It's free if you are a Sandstone resident

Email: cso@sandstone.wa.gov.au

JPB Contracting

Paul (Scruffy) Bennett

Ph: 0427 841 888

CAUTION

YOU MUST CONTACT THE SHIRE OF SANDSTONE **PRIOR** TO DISPOSAL OF ANY ASBESTOS MATERIALS

Phone (08) 9963 5802
Mondays - Fridays
8:30 - 4:00pm

LEGAL ACTION WILL BE TAKEN FOR NON-COMPLIANCE

Westcoast Seafood

Email: coral@westcoastseafood.com.au

FISH FILLETS-CUTLETS-WHOLE FISH

Smoked Cod (South Africa)	1kg	$26.00
Royal Bassa (Pacific Dory) (China)	1kg	$26.00
Southern Ocean Hake (Australia & NZ)	1kg	$28.00
Whiting Southern (New Zealand)	1kg	$30.00
Sweetlip Hoki (New Zealand)	1kg	$30.00
Flathead Fillets - (Queensland)	1kg	$36.00
Red Spot Emperor - (Thailand)	1kg	$38.00
Mackeral Cutlets (West Australian)	1kg	$40.00
Grouper	1kg	$41.00
Atlantic Cod (Norweglan)	1kg	$46.00
Pearl Perch (Queensland)	1kg	$48.00
Tuna Steaks (South Australian)	1kg	$50.00
Barramundi Portions (Kimberley Aust)	1kg	$51.00
Salmon Portions - UNGRADED (Norway)	1kg	$51.00
Gold Band Snapper (Onslow WA)	1kg	$56.00
Barramundi Fillets	1kg	$36.00
Red Emperor (Onslow WA)	1kg	$66.00
Salmon Portions - Premium (Norway)	1kg	$65.00
Swordfish	1Kg	$54.00
Whole Snapper	KG	$33.00

Heat and Eat

Family Pies (Beef, Chicken & Leek,Red Wine)	850g	$21.00
Quiche - (Spinach & Feta)	900g	$20.00
Pizza *(Hawaiian, BBQ Chicken, Supreme)*	ea	$20.00
Chicken Breast Nuggets	1kg	$26.00
Chicken Wings & Drums *(Mild or spicy)*	900g	$27.00
Chicken Sweet Chilli Tenders	800g	$27.00
Marinated Chicken Wings	1 kg	$21.00
Meat Balls *(Aussie BBQ)*	1kg	$29.00
Chicken Meat Roasted	1kg	$29.00
Mini Spring Rolls - Vegetable	900g	$27.00
Gourmet Beef Burgers (New Zealand)	1kg	$29.00
Crumbed Chicken Fillet	1Kg	$27.00
Lamb Rissoles	1 Kg	$29.00
Onion Rings	1kg	$23.00
Dim Sims	1.2kg	$20.00
Chicken Kiev Balls	1 kg	$27.00

LENARDS CHICKEN

Jumbo Chicken Burgers (8 on a tray)	1kg	$27.00
Mignons (4 tray)	4pk	$27.00
Enchiladas (4 tray)	1kg	$30.00
Marinated Chicken Skewers (10 tray)	10pk	$29.00
Garlic & Herb Schnitzel (4 tray)	1kg	$31.00
Rolled Roast - Honey Mac or Cheese & Bacon	1kg	$31.00
Chicken Kievs (Breast - 4 tray)	4pk	$34.00

PRAWNS

Marinated Prawn Meat (Garlic or Chilli) (Aust')	500g	$29.00
Garlic Prawn Skewers (10 pk) (Thailand)	500gr	$37.00
Cooked Cocktail Prawns	1 KG	$31.00
Cooked Exmouth Endeavours (West Aust)	1kg	$33.00
Raw Northern King (West Aust)	1kg	$33.00
Large Cooked King Prawns (West Aust)	1kg	$51.00
XLarge Raw Prawn Meat (Aust & Thailand)	1kg	$51.00
XLarge Cooked Prawn Meat (Thailand)	1kg	$51.00
XL Raw King Prawns (West Aust)	1kg	$51.00
Shark Bay Prawn Meat (West Aust)	1kg	$67.00
Prawn Cones	IKg	$31.00

MISC SEAFOOD

Mussels Whole (New Zealand)	1kg	$19.00
Chilli Squid Rings (New Zealand)	500g	$23.00
NZ Littleneck Clams (New Zealand)	1kg	$24.00
Raw Crab Meat (Shark Bay WA)	200g	$24.00
Seafood Marinara (Thailand)	1kg	$27.00
Squid Tubes (New Zealand)	1kg	$29.00
Mussell Meat (New Zealand)	1kg	$32.00
BBQ Combination Pack	1kg	$31.00
Oysters ½ shell (New Zealand - South Island)	1doz	$32.00
Scallop Meat (Tasmanian)	500g	$40.00
Moreton Bay Bug MEAT (Queensland)	500g	$44.00
Crayfish - vary in size 450-600gr	aver	39.00
Kinna	170gm	$41.00

Plus more!

WESTCOAST Seafood DISTRIBUTORS

Email Coral for up-to-date price lists and to order.

Directory of Services

GOLDEN EARTHWORKS

Contract front end loader work available.

Contact Lachlan Brown for more information:

PH: 0487 366 360



PL9934 | GF6916 | BF7329

LEISK HYDRAULICS

PLUMBING & GAS

SERVICING MID WEST & GOLDFIELDS REGIONS

MINING | COMMERCIAL | RESIDENTIAL | INDUSTRIAL

24/7 EMERGENCY

PH : 0416 307 843 | ADMIN@LEISKHYDRAULICS.COM.AU

Midwest Mental Health and Community Alcohol and Drug Service

1800 051 999

www.wacountry.health.wa.gov.au

Meekatharra
Mental Health Meekatharra Hospital
Savage Street
Meekatharra WA 6642
Telephone: 1800 051 999
Facsimile: 9956 1998

Midwest, Murchison and Gascoyne
Regional visits are conducted regularly
Telephone: 1800 051 999
Facsimile: 9956 1998

Directory of Services

SKINNY MECHANICAL SERVICE
MECHANICAL MAINTENANCE SPECIALIST

Skinny Diesel Services is based in Mount Magnet and services surrounding Murchison/Goldfields areas. Servicing and repairs from cars to trucks, trailers and heavy machinery.

Phone: 0400 489 405

Email: admin@skinnydieselservices.com.au

57 Richardson Street, Mount Magnet WA

IF YOU REQUIRE THE SERVICES OF A JUSTICE OF THE PEACE PLEASE CALL MARGARET DUHIG ON 0412 652 835 FOR AN APPOINTMENT. THIS IS A FREE AND CONFIDENTIAL SERVICE.



POST OFFICE SERVICES

Australia Post (Regular Mail)
Delivered Tuesday & Thursday - Pick-up after 12noon

Freight (Toll)
Delivered Wednesday & Friday - Times vary

Gas bottles available through the Shire of Sandstone Office. (8.5 and 45kg - Exchange only)



Directory of Services

ACCOMMODATION

OUTBACK ACCOMMODATION SANDSTONE

(08) 9963 5869
outbacksandstone@gmail.com





OLD POST OFFICE Air BnB

Email: sandstone6639@gmail.com Phone: 0427 934 620



FOOD IN SANDSTONE

THE SANDSTONE GENERAL STORE AND CAFE



Monday to Friday 7AM - 4PM / Saturday & Sunday 7AM—1PM

A wide range of grocery items including fresh fruit, vegetables, dairy, meat, cooking needs, snacks and drinks. Jamie and Siobhan have wonderfully renovated the building and incorporated a Cafe decorated with many interesting curiosities.

Please note: opening times and days vary throughout the year

OUTBACK ACCOMMODATION



Outback Accommodation has an on site shop offering a selection of heat-and-eat meals plus basic pantry needs, canned goods, toiletries, fresh milk, eggs and ice.

Located on the corner of Oroya St and Thaduna St.

Open 7 days - phone: (08) 9963 5869



THE POST OFFICE CAFE

CLOSED

Now operating as an Airbnb

Please note: opening times and days vary throughout the year

Community Bulletin Board

Ordinary Meeting of Council

The next Ordinary Meeting of Council is
Thursday 22nd October 2026
from 1:00pm in Council Chambers

When prepared, the Agenda can be viewed online
at www.sandstone.wa.gov.au or at the Sandstone Library

SHIRE OF SANDSTONE
OASIS OF THE MURCHISON

Telehealth is Here!

Sandstone has received a computer for telehealth consults using the Avaya website (video conferencing system).

Community members will now be able to have face-to-face consults with their medical practitioners in a private room in the Sandstone Community Hall.

Appointment dates and times for the use of these facilities can be booked in with the Shire on 9963 5802





Community Bulletin Board

If you would like your details listed in the next Sandstone Directory please email with your full name, number and any other details you would like included.
(Businesses and Residents)

Email: cso@sandstone.wa.gov.au



SHIRE OF SANDSTONE
OASIS OF THE MURCHISON

ROTARY CLUB

We are the very first Rotary Club that is based purely online in WA. This enables people living in remote/regional areas the option to still provide a service to their local community by joining Rotary E club of E.WA. It's a new and vital Rotary Experience.

We meet via online webinars and the use of Facebook, both open to the public and private sessions.

Name: E-WA Rotary
Website: www.ewarotary.org.au
Facebook: www.facebook.com/ewarotary
Phone: 0408 802 490

Community Group Name:

E-WA Rotary—Kerry O'Shea
rotaryewa@gmail.com

We'd love to hear from you :)

TELSTRA PRIORITY ASSIST SERVICE

https://www.telstra.com.au/consumer-advice/customer-service/priority-assist

What's Priority Assistance?

Priority Assistance is a priority fault repair and connection service we offer customers who depend on a working home phone due to a life-threatening medical condition. If you or someone living with you may be at risk without access to a working home phone, you could be eligible for Priority Assistance.

If you're not a current Telstra account holder, you'll need to order a new home phone service to receive Priority Assistance. Call us on 13 22 00 and say 'Priority Assistance' to place your order.

You're also eligible for Priority Assistance if you have other dependent medical conditions and live alone without support or in a remote location.



HERITAGE MUSEUM & VISITOR CENTRE

OPEN - Come say hello !

Look for the open flag

Opens seasonally from around Mid April to October

Community Bulletin Board

Useful Sandstone Telephone Numbers

Shire of Sandstone Office & Post Office	08 9963 5802
Sandstone Museum & Visitor Information Centre	08 9963 5061
Alice Atkinson Caravan Park	08 9963 5859
Sandstone Nursing Post	08 9963 5808
Outback Accommodation	08 9963 5869
General Store and Café	0427 934 620
Justice of the Peace	0412 652 835
Main Roads - Road Conditions *(24 Hr Customer Contact Centre)*	13 81 38
Mt Magnet Police	08 9963 3222



Community Bulletin Board

Sandstone Heritage Museum & Visitor Centre

OPEN for the season - Come Say Hello !

Follow us on Facebook for updates



Sandstone Library is located within the Shire Administration Building
Monday - Friday 8.00am - 4.30pm

- Interlibrary Loans
- Audio Books
- Internet access
- DVDs
- Fiction and non Fiction books





Mount Magnet Post & Lotteries

Gifts, cards, stationery, art supplies.
Passport photos and much more
Drop in and browse

Check out the website www.mtmagnetpost.com
Phone: 0419 968 514
(Please text with parcel enquiries)

Looking for Gold?

Want to Prospect near Sandstone?



Please contact the
Department of Mines and Petroleum,
Cr Hepburn and Richardson Streets,
Mount Magnet

Telephone (08) 9963 4509
Fax (08) 9963 4488



If you have a story, photo, birthday, or something else you would like to see in the Bush Telegraph, please email

cso@sandstone.wa.gov.au

Community Feedback

If you have any ideas that could benefit our community, please feel free to let us know, whether it's activities, workshops or something you would like to see in the near future.

Cut out and drop your feedback form into the Shire office at Reception or post to Shire of Sandstone, Hack Street Sandstone WA 6639 or email to cso@sandstone.wa.gov.au

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SHIRE OF SANDSTONE
OASIS OF THE MURCHISON

Do you know where the DEFIBRILATORS are in town?

They can be found at the following locations:

1. Out the front of the Shire Administration Office.
2. Out the front of the Caravan Park Office.
3. Out the front of the General Store.
4. Inside Outback Accommodations Office.
5. On the outside wall of the Recreation Centre.

Please take note of their location—just in case!

WORKOUT DICE

SUGGESTED GAME

1. Roll the die with the exercises to choose your move. If you land on 'Your move!' choose your favourite.
2. Roll the number die to choose how many times you repeat that exercise in a set.
3. Roll the number die a second time to choose how many sets to do. *Example: If you roll 'push ups' a '3' and a '4', you would do 3 push ups, 4 times (a total of 12 push ups).*

See page 47 for number dice



Cut along the solid lines and fold along the dotted lines.

Government of Western Australia
Department of Health

Cancer Council WA

LIVELIGHTER

Puzzle Solutions

■	1 A	■	■	2 S	O	P	3 R	A	4 N	5 O	■	6 F
7 S	C	R	8 A	P	■	■	E	■	9 O	B	10 O	E
■	R	■	11 M	E	D	12 I	T	13 A	T	I	O	N
14 S	O	15 N	I	C	■	16 T	I	R	E	■	Z	■
■	17 S	E	D	I	M	E	N	T	■	18 S	E	19 C
20 U	S	E	■	E	■	21 M	U	S	I	C	■	O
N	■	D	■	■	22 T	I	E	■	■	R	■	I
D	■	23 E	D	24 G	E	S	■	25 C	■	26 E	27 A	R
28 O	29 D	D	■	30 A	N	I	M	A	31 T	E	D	■
■	E	■	32 E	L	A	N	■	33 R	E	N	A	L
34 R	E	35 C	T	A	N	G	L	E	S	■	G	■
36 I	R	O	N	■	T	■	■	37 E	T	H	E	R
M	■	38 B	A	S	S	O	O	N	■	■	S	■

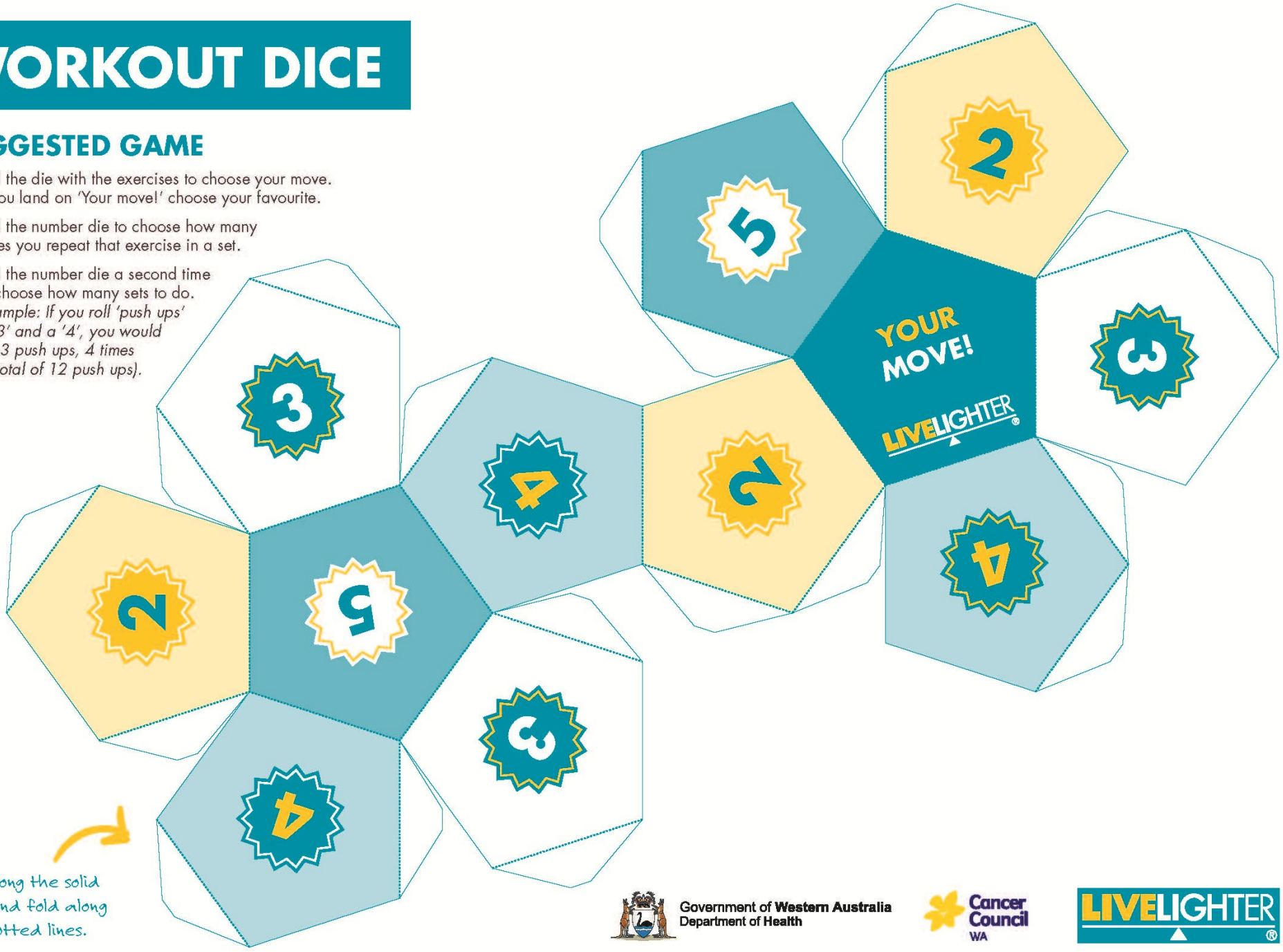
Y	R	R	E	B	E	S	O	O	G	E	P	A	C	A
K	A	K	I	G	L	E	L	A	D	D	E	R	B	G
M	I	O	A	O	D	A	T	E	N	E	C	W	E	Y
G	N	G	E	S	O	R	T	I	N	G	A	A	L	T
H	A	I	L	L	G	R	U	U	L	T	N	W	P	N
U	V	A	I	K	N	I	T	S	A	E	M	H	P	A
O	W	V	I	A	A	S	F	C	S	A	M	U	A	R
S	E	W	I	L	M	S	O	B	S	E	N	R	B	R
A	I	R	L	E	T	R	P	T	R	T	T	T	A	U
I	U	I	I	E	N	C	R	O	R	A	S	P	R	C
D	G	P	M	P	T	U	R	A	S	E	B	E	C	D
N	N	E	E	K	A	E	R	O	M	R	E	U	P	E
O	I	M	O	R	E	L	B	P	P	L	U	M	H	R
P	E	R	A	E	P	K	S	U	M	S	O	O	O	R
S	E	P	U	R	D	O	O	W	G	O	D	C	S	P

9	2	6	4	3	1	8	5	7
5	8	1	6	7	2	4	3	9
4	3	7	5	9	8	1	6	2
1	9	3	8	6	4	7	2	5
2	6	5	9	1	7	3	4	8
8	7	4	2	5	3	6	9	1
3	5	9	1	8	6	2	7	4
6	1	2	7	4	9	5	8	3
7	4	8	3	2	5	9	1	6

WORKOUT DICE

SUGGESTED GAME

1. Roll the die with the exercises to choose your move. If you land on 'Your move!' choose your favourite.
2. Roll the number die to choose how many times you repeat that exercise in a set.
3. Roll the number die a second time to choose how many sets to do.
   Example: If you roll 'push ups' a '3' and a '4', you would do 3 push ups, 4 times (a total of 12 push ups).



Cut along the solid lines and fold along the dotted lines.

Government of Western Australia
Department of Health

Cancer Council WA

LIVELIGHTER

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The Bush Telegraph is available digitally on the Shire of Sandstones website

www.sandstone.wa.gov.au/community/the-bush-telegraph

Send Me An Email!

Do you have a picture to share?

A story to tell?

An event to promote?

Or just a question?

Send me an email at cso@sandstone.wa.gov.au

SHIRE OF SANDSTONE
OASIS OF THE MURCHISON

Shire Website

Visit the Shire of Sandstone website for information on
Town Services, Council, Community, Tourism, Events and News.

www.sandstone.wa.gov.au

Road Conditions

Road conditions are published on the Shire of Sandstone website.

The bitumen road between Mt Magnet and Leinster is maintained by Main Roads.

Our road condition report includes the following sections within the Sandstone Shire Boundary only:

Sandstone—Youanmi—Paynes Find (Via Gravel)
Youanmi—Mt/Magnet (Via Gravel)
Sandstone—Menzies (Via Gravel)
Sandstone—Meekatharra (Via Gravel)
Sandstone—Wiluna and Gidgee (via Gravel)
Sandstone—Yeelirrie (Via Gravel)
Heritage Trail (Gravel)

The website also has the contacts for nearby shires where you can check on the condition of connecting segments.

October 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 RFDS	2	3
4	5	6 Happy Birthday Sue!	7	8 Nurse Post	9	10 Happy Birthday Julian & Lisa! Ladies Night!
11	12	13	14	15 RFDS	16	17 BINGO!
18	19	20	21	22 Nurse Post	23	24
25	26	27	28	29 RFDS	30	31 Halloween

Craft Group (In the Community Hall on Hack Street - Tuesdays and Fridays from 9am)
October will be the last month of 2026 - starting up again in April 2027

Internet access is available at the
Sandstone Library in the Shire Administration Building,
using the library computer.

Monday - Friday
8.30am - 4.30pm

Please note :
The Shire Administration building
does not have WIFI

SHIRE OF SANDSTONE
OASIS OF THE MURCHISON



If you would like your event to appear in the Bush Telegraph please contact the Shire of Sandstone - Phone: 08 9963 5802 Email: cso@sandstone.wa.gov.au