Contents

PG 2 Contents
PG 3 Emergency Medical Assistance
PG 4 From the desk of the CEO
PG 5 Environmental Health Officer details
PG 6 Truck roll over on Mt Magnet Rd
PG 7 Telstra upgrade
PG 8 Unique gifts and signs
PG 9 Free Movie downloads
PG 10 Clever uses for Peroxide
PG 11 History Corner
PG 12 Soy Candles for sale
PG 13 Bus travelling to Mt Magnet
PG 14 Property for sale in Sandstone
PG 15 Mental Health awareness program
PG 16 Recipe
PG 17 Business advertisements
PG 18 Public Notices
PG 19 Directory of Services
PG 20-22 Community Bulletin Board
PG 23-27 Health Services/Calendar
PG 28 Events Calendar

Front Cover—Bower bird nest sent in by Dan & Muriel Murat.
Thankyou :)
Sandstone Emergency Numbers for Police and Fire 000

Sandstone is a remote township which currently has

**NO EMERGENCY MEDICAL HEALTH SERVICE**

If you require EMERGENCY MEDICAL ASSISTANCE dial:

**1800 625 800**

This will put you in contact with the Royal Flying Doctor Service doctor on call, who will provide immediate advice to you.

**SANDSTONE NURSING POST**
Irvine St, Sandstone
RFDS Doctor in attendance every second week
9:00am - 11:30am, nurse in attendance until 4:00pm

Nurse in attendance every Thursday 9:00am - 4:00pm

Phone Number: (08) 9963 5808
After Hours: (08) 9963 5831
Contact Person: Lana Lefroy

Should you be travelling and require medical assistance, 24 hour / 7 day services are provided at:

**MOUNT MAGNET NURSING POST**
Cnr Criddle and Welcome St, Mt Magnet
Monday - Friday 8:30am - 4:00pm, closed for lunch
Staff on call for emergencies
Phone Number: (08) 9963 3100

**MEEKATHARRA HOSPITAL**
Savage St, Meekatharra
24hour casualty service
Phone Number: (08) 9981 0600

For local voluntary ambulance service (limited) in severe cases dial

**000**
Once again, we say goodbye to a staff member this month it is the Works Supervisor Terry Clarke who unfortunately has had to leave the shire after only 3 months in the job. The position has been advertised in the West Australian and there has been a bit of interest and some early applications have been received.

After a break in January Council met for the first time this year on the 28 February and some of the things considered were the purchase of 2 self contained units at the caravan park and Council resolved to go ahead and have 2, 2 bedroom units built for those visitors to town who want a self contained, self catering unit. Council also resolved to allow a gate to be installed on the Narndee Red Bluff Road as a part of the fence being installed to keep cattle off the Paynes Find Sandstone Road by Narndee station. Exploration licence applications by Venus Metals on the Youanmi Common/Grazing reserve were also approved by Council. The 6 monthly budget review was carried out and adopted by Council with some unbudgeted building works including the repairs to the visitor centre/museum floor, painting of the interiors of the town hall, the visitor centre/museum and the old school building. Funds were made available from jobs that are not going to be completed this year and from the additional cash flow generated at the end of the flood damage contracts. Flood damage work is paid in advance with money recouped after the work is done so at the end of the contract a final recoup is received that provides a cash flow injection can be used for general operating purposes. Council also resolved to sell the Pad Foot Roller that was purchased only last year as it proved to not be suitable for the job. A tender was accepted for the purchase of a new CAT motor grader to replace the existing Komatsu maintenance grader while the Tender for the service truck was left to lay on the table until some more advice is received.

We are now starting to get ready for the tourist season and while the visitor centre is empty so the floor can be restumped it is being painted and time permitting the floor boards will be sanded and polished. The town hall interior is also being painted and the photo display is to be reinstated after being stored away in the old shire office for a number of years. Residents will also see progress on the new park behind the fuel station with a display shed being erected and a few other projects to commence shortly.

Harry Hawkins
Chief Executive Officer
The Environmental Health Officer for the Shire of Sandstone is Dave Hadden.

Dave’s contact details are:-

**Principal EHO/Building Surveyor**  
Shires of Leonora, Laverton, Menzies & Sandstone.

**Phone-** 9037 6044  
**Mobile-** 0428376044

**Email-** healthbuilding@leonora.wa.gov.au
Truck accident on Mt Magnet—Sandstone Road

On Saturday 9th February the CEO received a call from Ramelius Mines advising that there had been a truck roll over and requesting Sandstone shire attend, as one lane was blocked and the trailers needed to be moved off the road.

The shire sent out the loader and the trailers were pushed off. The prime mover and the front trailers were still upright.

No one was injured in the accident.

Photo courtesy of Mt Magnet Police
MOBILE INTERNET SERVICE IN SANDSTONE

Telstra’s Regional General Manager for WA has advised that they will be upgrading our mobile internet service next month.

This will mean extra capacity and should improve speed and connectivity.

Hopefully this will alleviate the ongoing issue with fuel purchases timing out due to our poor connection.

SANDSTONE RAINFALL STATS FOR THE PAST 5 YEARS

<table>
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<tr>
<th>Number of days with rainfall</th>
<th>Total ml for the year</th>
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<tbody>
<tr>
<td>2014: 38 days</td>
<td>374.20 ml</td>
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<td>2015: 36 days</td>
<td>199.61 ml</td>
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<td>224.36 ml</td>
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<td>2017: 32 days</td>
<td>215.80 ml</td>
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<tr>
<td>2018: 35 days</td>
<td>277.15 ml</td>
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</tbody>
</table>
Looking for something unique. Signs made to order from locally sourced horse shoes. Choose your own design or one of ours.

$150.00

Contact Bobbie or Andy at The Outback Shack

0474 102 474
Lots of great uses for Peroxide:

1. Take one capful of hydrogen peroxide (the little white cap that comes with the bottle) and hold in your mouth for 10 minutes daily, then spit it out. (I do it when I bathe.) No more canker sores, and your teeth will be whiter without expensive pastes. Use it instead of mouthwash.

2. Let your toothbrushes soak in a cup of peroxide to keep them free of germs.

3. Clean your counters and table tops with peroxide to kill germs and leave a fresh smell. Simply put a little on your dishrag when you wipe, or spray it on the counters.

4. After rinsing off your wooden cutting board, pour peroxide on it to kill salmonella and other bacteria.

5. I had fungus on my feet for years until I sprayed a 50/50 mixture of peroxide and water on them (especially the toes) every night and let dry.

6. Soak any infections or cuts in 3% peroxide for five to 10 minutes several times a day. Some say that gangrene that would not heal with any medicine was healed by soaking in peroxide.

7. Fill a spray bottle with a 50/50 mixture of peroxide and water and keep it in every bathroom to disinfect without harming your septic system like bleach or most other disinfectants will.

8. Tilt your head back and spray into nostrils with your 50/50 mixture whenever you have a cold or plugged sinus. It will bubble and help to kill the bacteria. Hold for a few minutes, and then blow your nose into a tissue.

9. If you have a terrible toothache and cannot get to a dentist right away, put a capful of 3% peroxide into your mouth and hold it for 10 minutes several times a day. The pain will lessen greatly.

10. And of course, if you like a natural look to your hair, spray the 50/50 solution on your wet hair after a shower and comb it through. You will not have the peroxide-burnt blonde hair like the hair dye packages but more natural highlights if your hair is a light brown, reddish, or dirty blonde. It also lightens gradually, so it's not a drastic change.

11. Put half a bottle of peroxide in your bath to help get rid of boils, fungus, or other skin infections.

12. You can also add a cup of peroxide instead of bleach to a load of whites in your laundry to whiten them. If there is blood on clothing, pour it directly on the soiled spot. Let it sit for a minute, then rub it and rinse with cold water. Repeat if necessary.

13. You can use peroxide to clean your mirrors. There is no smearing, which is why I love it so much for this.

14. Another place it's great is in the bathroom, if someone has been careless, has peed on the floor around the toilet, and it's begun to smell of urine. Just put some peroxide in a spray bottle spray. In the blink of an eye all the smell will be gone and the bacteria eliminated!
ITS NOT OFTEN YOU GET SOMETHING FOR FREE!

DID YOU KNOW THAT IF YOU ARE A HOLDER OF A SANDSTONE LIBRARY CARD, YOU CAN NOW ACCESS MOVIES FOR FREE ON KANOPY?

KANOPY IS A FREE STREAMING PLATFORM FOR PUBLIC LIBRARIES WITH OVER 30,000 FILMS AND DOCUMENTARIES WITH A RANGE OF INDIE, CLASSIC AND FESTIVAL MOVIES.

SIMPLY TYPE KANOPY IN YOUR BROWSER AND SIGN UP, THEN CLICK "WATCH NOW" AND SELECT SANDSTONE PUBLIC LIBRARY.
SOCIAL LIFE THROUGH THE AGES —pg 250

Socials

In the early days, ‘socials’ of one form or another were the most common form of evening entertainment, and were utilised as fund raising ventures as well.

Socials were usually held for a purpose, such as the ones on 20 September 1907 and again in October of the same year, in the Strand Café, to raise funds for erecting a Roman Catholic church, and the one to raise money for the purchase of an ambulance for the district, held at McManaway’s Oroya Palace Hotel on 11th October 1907, which 200 people attended. More socials to raise funds for the Roman Catholic church were held in April 1908, when an Irish Concert was held in the AWA hall, with sixty-odd people present for singing and dancing to follow. Church socials were a regular event in the early days of Sandstone. The Catholic church held regular Progressive Euchre Parties in the AWA Hall. The honorary secretary at the time was Charles Kuin, and an entrance fee of 5s was charged. Another bazaar was held to raise funds to build the Roman Catholic church in April 1909, and this was followed by a ball.

A fund for the widowed mother of the late Stephen Grace raised a total of 316pd 18s in April 1908. It is not mentioned how this money was raised, but it is most probable that it was by holding a social of some sort, and demonstrates the supportive nature of these early towns. Emergency money of 25pd was sent to her in February. The rest, 291pd 18s was paid into Daylesford (Victoria) Savings Bank, to be payable to Mrs Grace at 6pd per month, which at the time was deemed ample for her requirements. No record could be found of the cause of death of Stephen Grace.

Euchre parties were probably the most common form of entertainment and method of raising money in the early days. One held in the AWA Hall in June 1911 had an attendance of sixty-five couples, and was conducted by the Druids, while 150 people attended a euchre party held by the Black Range Rifle Club in August 1911. These parties usually began with tables of cards then, once the cards were over, the participants went on to dance into the small hours of the morning. These card evenings continued until right into the 1930s, and to a lesser extent up until the 1960s.

Socials were also held to raise money for people who had had a bad time. One was arranged to benefit the widow of the miner P.G. Walsh. About 50 people were present at the social, held in the AWA Hall in early October 1908, and 54pd was posted to Mrs Walsh, once postage had been deducted. Bazaars were also a popular form of entertainment for raising money, as they were always an excuse for people to get together. The Anglican Church held a bazaar in the AWA Hall in November 1908 during the afternoon. ‘Stalls were draped with art muslin of varied hues.’ The stalls included a Fancy and Novelty Stall, a Plain Work Stall, a Bachelor and Book Stall, a Kitchen Stall, a Sweets Stall, a Refreshment Stall and a Fish Pond (a type of lucky dip). In the evening, there were contests in Nail Driving, Hat Trimming, Wood Sawing and Shooting for both ladies and gentlemen. This was followed by a tableau of vocal and instrumental music by McDonalds Orchestra. The second social and dance to raise funds to build an Anglican church attracted 60 couples in 1909.

Parades

Parades on celebration days were an integral part of town life in the early 1900s, and every small town had its parade. For the Eight Hour Day celebrations in 1911, roughly 300 people joined in the parade through the streets of Sandstone. It started at the AWA Hall, went along Irvine Street to Hack Street, then on to the park. It was a colourful event, with the various organisations such as the Independent Order of Oddfellows (IOOF) and Druids wearing their colourful robes, accompanied by people on foot and horseback. The two bands supplied the music for marching. At the park, there were foot and novelty races for all, plus refreshments. This was followed by a concert in the evening, and the day ended with a dance.

On empire Day in 1912, 200 children attended the sports day, which began with a procession from the corner of Oroya and Green Streets. A picnic was provided for all children, with many games and competitions. It was held on Friday 24 May. Celebrations were taken seriously: businesses were requested to close at 1.00p.m. on Empire Day and the streets were decorated with bunting.

....../ to be continued
ARTABBY SCENTS
AROMATIC SOY CANDLES WITH
ATTITUDE 0400 778 501
COMMUNITY BUS TAKING PASSENGERS TO MT MAGNET

The Sandstone Community Bus will be travelling to Mt Magnet every four weeks for Shire business.

If anyone needs to travel to Mt Magnet, we usually have available seats. We can take a maximum of 6 passengers so please book - please be aware that we adhere to a strict time schedule.

The bus will leave from the Sandstone Shire Administration office at 10am and will leave Mt. Magnet opposite the IGA at 1.30pm for the return trip home.

Please book your seat by contacting either Rhonda or Margaret at the Shire office ph. 9963 5802

The next bus will be Wednesday 27th March 2019
What a great poem by the late Spike Milligan about smiling

Smiling is infectious
You catch it like the flu

When someone smiled at me today
I started smiling too

I walked around the corner
And someone saw me grin

When he smiled I realised
I had passed it on to him

I thought about the smile
And then realised its worth

A single smile like mine
Could travel round the earth

So if you feel a smile begin
Don't leave it undetected

Start an epidemic
And get the world infected.
FOR SALE IN SANDSTONE

12 - 14 Hack Street

2208sqm with 20x8 mtr shed and 6x4 extension with a 4 mtr veranda going the whole way along the front and side of the building, giving you excellent shade and protection.

Power, Bore (unlimited FREE water) mains is there if you wish.

Hot and cold water from gas heater. The quality of our bore water is excellent, no skin dryness, no smell and plenty of it.

Aircons, Large Pot belly fire, Toilet, Shower, Laundry with washer (used to be laundromat)

All been insulated with the standards required for insulation, windows, 4 entry and exits.

Loads of potential with an empty canvas inside and out.

Do what you want, be it business or pleasure and go gold detecting in this unique little town.

There are many old abandoned mines shafts around and hunting for old relics is so much enjoyment.

This property used to be the old fuel depot so it comes with the old bowser, diesel and ULP tanks the Dangerous goods licence is transferable so if you do decide to open the fuel again you can or not.

This also comes with VACANT Lots 804 + 805 Hack St sandstone - 1582 sqm

$150,000  This price is Very Negotiable

All enquiries to blackrangeservo@hotmail.com

Or phone : 0448 866 643
If you notice that someone isn’t going so well, check-in on them.

Visit thinkmentalhealthwa.com.au
Cheesy Cauliflower balls

Ingredients

1/2 (about 350g) cauliflower, cut into large florets
105g (1/2 cup) dried risoni pasta
40g butter
40g (1/4 cup) plain flour
250ml (1 cup) milk
80g (1 cup) coarsely grated cheddar
20g (1/4 cup) finely grated parmesan
70g (1 1/2 cups) panko breadcrumbs
Fresh continental parsley leaves, to serve

Method

Step 1
Cook the cauliflower in a large saucepan of boiling water for 5 minutes or until tender-crisp. Use a slotted spoon to transfer to a sieve set over a bowl. Set aside to drain and cool. Coarsely chop the cauliflower.

Step 2
Add the risoni to the saucepan and cook for 8 minutes (slightly less time than the packet directions). Drain and rinse under cold running water. Drain well.

Step 3
Meanwhile, melt the butter in a saucepan over medium heat and add the flour. Cook, stirring, for 2 minutes. Gradually add the milk, a little at a time, stirring until combined after each addition. Bring to the boil and cook, stirring, for 2 minutes or until very thick. Remove from heat and stir in the cheeses until melted and smooth. Transfer to a large bowl. Add the cauliflower and risoni. Season. Use a spatula to stir until evenly combined. Set aside until cool enough to handle.

Step 4
Preheat oven to 200C/180C fan forced. Spread the breadcrumbs over a large plate. Use damp hands to roll a heaped tablespoonful of the cauliflower mixture into a ball. Roll in the breadcrumbs to coat. Repeat with the remaining cauliflower mixture and breadcrumbs to make 24 balls.

Step 5
Spray 24 patty pans or mini muffin pans with oil. Divide the balls among the pans and spray the tops with oil. Bake for 20-25 minutes or until lightly golden. Set aside to cool slightly in the pans. Sprinkle with parsley and season to serve.
SUN CITY BATTERIES

WHEN RELIABILITY IS PARAMOUNT

ARE YOU PREPARED FOR HARVEST!!

WE VALUE GOOD OLD FASHION SERVICE.

Sun City Batteries is a 100% Locally owned & operated business committed to customer service.
Call us on 08 9934 6903 or 0427 658 468
Let US help you get ready for harvest.
We carry leading brands such as Cobra, Neutron Power and Amaron PRO Long Life Batteries as well as Bosch and Vision products, we stock solutions for all agricultural equipment as well as all 4x4, cars, trucks, bikes and quad’s.
Even your NBN UPS back up batteries.
We carry a full range of CTEK chargers, Lithium jump starter packs and portable alternatives to dual battery set-ups.
Need new battery leads? We can custom build to a high quality to your specifications. We are always happy to help.

AIR CONDITIONING SERVICES

REFRIGERATION
Installation
Repairs / re gassing
Sanitizing and cleaning

Ph 0420 103 414 decanfrost@westnet.com.au

Mount Magnet  Cue  Yalgoo  Meekatharra  Sandstone
Pastoralists and D.E.C. in the Sandstone and surrounding Shire’s have an ongoing wild dog bait programme. Please be advised

BAITS WILL BE ON THE GROUND ALL YEAR ROUND

Also just a friendly reminder to keep your dogs locked up, or on a leash if out walking.

To avoid being penalised all dogs and cats must be kept in your yards or on leads at all times. Please clean up after your dog!!!!

All dogs must be registered. If your dog is not registered, or if you are unsure when the registration expires, please contact the Shire office.

The RANGER is making more and more frequent visits to Sandstone.

When was the last time you visited your local library?

We don’t just have books, there are DVDs and Audio books as well, so next time you are passing the office, pop in and have a look.
Directory of Services to Sandstone

JPB Contracting
Paul (Scruffy) Bennett
Ph: 0427 841 888
Mount Magnet Post & Lotteries

Gifts, cards, stationery, art supplies.
Passport photos and much more
Drop in and browse

Check out the website  www.mtmagnetpost.com

Dog registrations are due by the end of October each year.

Please check your dog’s registration or contact the Shire office to check if your dog’s registration needs renewal

SANDSTONE LIBRARY
Open Monday—Friday 8.30am—4.30pm

Casual memberships welcome

- Interlibrary Loans
- Audio Books
- Internet access
- DVDs
- Fiction and non Fiction books
YOU MUST CONTACT THE SHIRE OF SANDSTONE PRIOR TO DISPOSAL OF ANY ASBESTOS MATERIALS

Phone 9963 5802
Mondays - Fridays
8:30 - 4:00pm

LEGAL ACTION WILL BE TAKEN FOR NON-COMPLIANCE

WE ARE ALWAYS AFTER ARTICLES FOR THE BUSH TELEGRAPH SO IF YOU HAVE A STORY, A PHOTO OR MAYBE A BIRTHDAY, OR PERHAPS THERE IS SOMETHING YOU WOULD LIKE TO SEE IN YOUR NEWSLETTER PLEASE CONTACT RHONDA AT THE SHIRE OFFICE ON EMAIL -

finance@sandstone.wa.gov.au

ROTBARY CLUB

We are the very first Rotary Club that is based purely online in WA. This enables people living in remote/regional areas the option to still provide a service to their local community by joining Rotary E club of E.WA. It’s a new and vital Rotary Experience.

We meet via online webinars and the use of Facebook, both open to the public and private sessions.

Name: E-WA Rotary
Address: www.ewarotary.org.au
www.facebook.com/ewarotary
Ph 0408 802 490

Community Group Name:
E-WA Rotary—Kerry O’Shea
rotaryewa@gmail.com

We’d love to hear from you :)

westcoast seafood

Email: sjoppo@katel.net.au
Contact Stan to see when he will be in Sandstone next
Looking for Gold? Want to Prospect near Sandstone?

Please contact the Mt Magnet Office of the Department of Mines and Petroleum, Cnr Hepburn and Richardson St

Telephone (08) 9963 4509

Useful Sandstone Phone Numbers

Alice Atkinson Caravan Park 08 9963 5859
Main Roads - Road Conditions 13 81 38
(24 Hr Customer Contact Centre)

Mt Magnet Police 08 9963 3222

National Hotel 08 9963 5801

Outback Accommodation 08 9963 5869

Sandstone Museum & Visitor Information Centre 08 9963 5061

Sandstone Nursing Post 08 9963 5808

Shire of Sandstone Office and Post Office 08 9963 5802

Heritage Museum & Visitor Centre

CLOSED UNTIL EASTER 2019

Ordinary Meeting of Council

The next meeting of Council will be held on THURSDAY 28th March 2019 at 11.00 a.m.
The Agenda is viewable at the Sandstone Public Library and on-line at www.sandstone.wa.gov.au, once prepared.
Health Services

MEDICAL SERVICES AVAILABLE IN WILUNA

The following medical services are available from visiting specialists through the Wiluna Medical Centre. These services are free of charge and are available to Sandstone residents and the travelling public.

To make an appointment for visiting specialists, contact Wiluna Medical Centre 9981 8600

Dental (Monthly)
Gynaecologist
Audiologist
Ear, Nose and Throat (ENT)
Cardiologist
Respiratory

Health and Well being services
Child Health Services,
Paediatrician
GP CARE BY PHONE IN RURAL WESTERN AUSTRALIA

Need to talk a GP and your regular doctor isn't available? A ReadyCare GP is just a phone call away.

1800 225 523

QUALITY GP CARE BY PHONE OR VIDEO

Sometimes you just can’t get to your regular GP – such as when it’s late at night, on weekends or when there is no GP in town.

That's why the WA Primary Health Alliance are working with Telstra ReadyCare® to offer GP care via phone or video for residents and visitors in regional and remote communities in WA’s Great Southern, Wheatbelt, South West, Midwest and Goldfields regions.

A friendly and experienced Australian based GP can provide advice, diagnosis, treatment and prescriptions for a range of conditions including fever, vomiting, dehydration, cold and flu, pain and infections.

Just call 1800 225 523. It's as simple as that.

ReadyCare® cannot be used in emergencies or for life-threatening illnesses or injuries. If you require emergency assistance, call 000 for immediate help.

GP CARE IN JUST THREE EASY STEPS

Call ReadyCare on 1800 225 523

Share details and a summary of your condition

ReadyCare GP will call you at your appointment time
SANDSTONE NURSING POST
IRVINE ST SANDSTONE
Nurse - Lana Lefroy  9963 5808 or 9963 5831

Health Services

TELEPHONE HELP LINES

Mental Health Emergency Response Line
(formerly Psychiatric Emergency Team)
Perth WA 6000   Tel: 08 9224 8888

RuralLink
Tel: 1800 552 002

Emergency Numbers
RFDS
1800 625 800
# Sandstone Nursing Post

**Irvine St Sandstone**  
**Nurse - Lana Lefroy 9963 5808 or 9963 5831**

---

Meekatharra RFDS  
**Flying Clinics**  
**January – June 2019**

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
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<td>January 10th</td>
<td>Sandstone</td>
<td>A Van der Walt</td>
</tr>
<tr>
<td>January 17th</td>
<td>Paynes Find/Yalgoo</td>
<td>A Van der Walt</td>
</tr>
<tr>
<td>January 24th</td>
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**Physiotherapy Murchison Clinics 2019**

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Highlighted – To be confirmed/arranged
# MARCH 2019

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Internet is available at Sandstone Library in the Shire building

Monday—Friday
8.30am—4.30pm

We don’t have public WIFI but you can use our computers to access the internet

If you would like your event to appear on the Community Planner please contact the Shire of Sandstone Phone: 9963 5802 Fax: 9963 5852 Email: finance@sandstone.wa.gov.au