MERRY CHRISTMAS !!

The Shire of Sandstone
Hack St, Sandstone  WA 6639
Ph: 08 9963 5802   Fax 08 9963 5852
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Note.  The opinions expressed in this publication are not necessarily those of the Shire of Sandstone
Sandstone is a remote township which currently has
NO EMERGENCY MEDICAL HEALTH SERVICE
If you require EMERGENCY MEDICAL ASSISTANCE dial:

1800 625 800

This will put you in contact with the Royal Flying Doctor Service doctor on call, who will provide immediate advice to you.

**SANDSTONE NURSING POST**
*Irvine St, Sandstone*
RFDS Doctor in attendance every second week
9:00am - 11:30am, nurse in attendance until 4:00pm
Nurse in attendance every Thursday 9:00am - 4:00pm
Phone Number: (08) 9963 5808
After Hours: (08) 9963 5831
Contact Person: Lana Lefroy

Should you be travelling and require medical assistance,
24 hour / 7 day services are provided at:

**MOUNT MAGNET NURSING POST**
*Cnr Criddle and Welcome St, Mt Magnet*
Monday - Friday 8:30am - 4:00pm, closed for lunch
Staff on call for emergencies
Phone Number: (08) 9963 3100

**MEEKATHARRA HOSPITAL**
*Savage St, Meekatharra*
24hour casualty service
Phone Number: (08) 9981 0600

For local voluntary ambulance service (limited)
in severe cases dial

000
From the Desk of the CEO

Extraordinary Council Election
Last December in the Bush Telegraph we were congratulating Vicki McQuie on her election unopposed to Council in an extraordinary election to replace Kerry Key who resigned in September 2017 and this December we congratulate Kerry Key who was re-elected unopposed replacing Dany Murat who resigned in August 2018. Kerry was getting bored and missed all the action in Council meetings so just had to come back.

Sandstone School Camp Site Gets Grant Funding
The Shire was successful in its application for grant funding to help with the cost of fitting out the school building in Griffith Street in preparation for it being used as a camp site for groups visiting Sandstone. The funding will cover 50% of the cost of camp beds, fridge freezer, washing machine, stainless steel benches for the kitchen, painting and floor coverings. The ablution block that is required was not eligible for this funding so is still to be funded possibly from reserves to get the project finished.

The school camp will only be made available to groups looking for camp style accommodation in Sandstone and will not operate in competition with the National Hotel or Outback Accommodation.

November Council Meeting
At the November Council meeting held on the 22 November resolutions were passed covering the following items; A new employment policy was adopted to tighten up the rules for new employees with regards to having to provide a current police clearance and a medical certificate showing they are fit for the position they are applying for. Another resolution to tidy up some bureaucratic loose ends for the closing of the right of way between Rowe and Black Streets behind the power station in Griffith Street was passed along with an increase in the price of 45kg gas bottle exchange to $174 as a recent price increase from Kleenheat meant that we were selling gas exchanges for less than we were paying at the previous price. Administrative resolutions to set the dates for council meetings in 2019 and to confirm the dates for the Christmas shutdown of the shire office were also passed. The audited Annual Financial Statements for the 2017-2018 year were also accepted by Council at this meeting. The audit this year was carried out by the state Office of the Auditor General for the first time and it was pleasing to see that the shire once again received a clean audit report. The final item on the agenda was to ask Council to approve funding from the Community Development Reserve for a new Bowling Green at the Community Centre and it was approved so the reality of playing lawn bowls in Sandstone on a synthetic purpose built green will be achieved in March 2019 which is when the suppliers will have it completed.

Annual General Meeting of Electors
With the Annual Financial Statements being accepted by Council the Annual Report will be prepared and a date set at the December Council Meeting for the Annual General Meeting of electors which is where the electors get the chance to grill Council members and the CEO on financial results and other things that are happening or not happening in the shire. The date and time once set will be posted on the shire website and on notice boards around town.

New Pioneer Park
After the Council meeting Councillors and staff went to the site of the new Pioneer Park behind the fuel station and marked out some areas for work to start. A shed 14mtrs x 8mtrs x 3mtrs high will be one of the first items installed and this will allow some other gear that requires shelter to be moved to the site. It is hoped that once work starts the momentum will build and the park will be completed quite quickly.

Christmas Break
The shire administration centre and depot will close on Friday 21st December 2018 and reopen on Wednesday 2 January 2019 so staff can enjoy a break with family and friends. Emergency contact details will be posted on notice boards and the shire website a little closer to the date of closure.
I would like to wish everyone in Sandstone all the very best wishes for Christmas and the New Year and hope that it is a relaxing and safe time for all in the company of your family and friends.

Harry Hawkins
CEO
The Environmental Health Officer for the Shire of Sandstone is Dave Hadden.

Dave’s contact details are:-

**Principal EHO/Building Surveyor**  
Shires of Leonora, Laverton, Menzies & Sandstone.

**Phone**- 9037 6044  
**Mobile**- 0428376044  

**Email**- healthbuilding@leonora.wa.gov.au
Christmas message from the President

Well it’s nearly the end of 2018 and the year seems to have flown by quicker than the last.

I would like to wish the residents of Sandstone a Christmas filled with happiness and good cheer, and may 2019 be a happy, healthy and peaceful year for you all.

If you are spending time on the road over the holiday period to be with family or friends please drive carefully and take breaks if tired, as we want you to all return safe and sound to start the New Year.

Beth Walton
Shire President

THE SHIRE OFFICE WILL BE CLOSING AT 5PM ON FRIDAY 21ST DECEMBER AND REOPENING AT 8AM WEDNESDAY 2ND JANUARY 2019

There will be no mail delivery to Sandstone from Thurs 20th December 2018 until Thurs 3rd January 2019

FOR ANY EMERGENCIES, PLEASE CONTACT THE WORKS SUPERVISOR TERRY ON 0457 993 008
CHRISTMAS LIGHTS COMPETITION

GET READY FOR THE ANNUAL CHRISTMAS LIGHTS COMPETITION!

There will be a First Prize of $100 and a Second Prize of $50

The judge will be a secret, (no bribes will be possible ! )

Judging will be on WEDNESDAY 12th December at dusk

Winners will be announced at the Town Christmas party on Saturday 15th December
This year Sandstone’s town Christmas party will be held on Saturday 15th December at the Rec Centre, commencing at 6:30pm.

The winner of the Christmas Lights Competition will be announced at the party.

Everyone is welcome, we will be having a BBQ, with the Shire providing food and soft drink, and some limited alcoholic beverages.

HOPE TO SEE YOU THERE!
Results of Extra-Ordinary Election which was to be held on 8th December 2018

Notice is hereby given that Kerry Key has been elected unopposed and will therefore take up the vacant position of Councillor for the term ending October 2019 for the Shire of Sandstone.

Harry Hawkins
Chief Executive Officer
5th November 2018

Kerry Key being congratulated by CEO Harry Hawkins, at his swearing in on 22/11/2018
Due to a price increase from Kleenheat, the price of the 45kg gas bottles will increase to $174.00 as of the 10th December 2018

Chief Executive Officer
Harry Hawkins
22 November 2018

You will notice something different in your garbage bins starting in December!

The Shire will now be providing new green Wheelie Bin liner bags which provide an eco-friendly alternative to conventional plastic bags. BioBags are made using Ecopond, a plant starch-based bioplastic, and are certified commercially compostable (AS4736) and home compostable (AS5810) to Australian Standards.

Aside from the obvious environmental benefits, using compostable bags reduces greenhouse gases, returns nutrients back to the earth and improves soil quality.
TO SANDSTONE RESIDENTS AND PROPERTY OWNERS

The fire season is just about upon us—please remember a total fire ban is in place from 11th December 2018 to March 19th 2019 inclusive. This includes all solid fuel barbeques.

We ask residents and property owners to take action on the following, this will help to ensure that in the event of a serious fire our properties, town, friends and pets will survive.

Within your boundaries:-

1. Remove all leaf, twig, branch, long grass litter from property
2. Move all wood piles or inflammables from around house and outer buildings
3. Make sure guttering is cleaned out
4. Make sure entries and exits are clear and uncluttered
5. In the event of a major bushfire you should have a hose, buckets, water cans, sprayers etc. filled with water to extinguish any small spot fires. This is your responsibility. The bush fire volunteers will be defending the perimeter of the town
6. Make sure house and outbuildings have all windows and doors closed—heavy smoke penetration can occur within minutes
7. Make sure your pets are kept inside with water
8. Be mindful of your neighbour’s property, health and safety

PLEASE NOTE: Inspection of properties will be carried out in November

Banjo Patterson
Deputy Fire Officer
Clarence Edward Cameron

“Pilangga”

12th December 1940 – 26th September 2018

“We are all visitors to this time, this place. We are just passing through. Our purpose here is to observe, to learn, to grow, to love….and then we return home.”

A tribute to a beautiful soul Clarrie Cameron.

You will be missed my friend, you lit up the room with your smiles
You always had people around you smiling and laughing
You were our story teller and we listened to every word
You, my friend, will never be forgotten.

You have a beautiful soul, thank you for letting us hear your stories, that still echo in our heads.
Bless you Pop

Written by Gina Gloede.
Life Story Eulogy – as presented at Clarries Funeral

Thanks Gina and Danny Gloede for sending this in for us all to read

Clarrie Cameron was born Clarence Edward Cameron in Wiluna WA on the 12th December 1940.

His first story to tell and claim to fame, is being the first Yamaji, the first Aboriginal baby to be born in the Wiluna Hospital. Back in the day Aboriginal women weren’t allowed to give birth in the hospital. When Clarrie was ready to come into the world, his mother Xmas was refused entry, so his father Leedham Cameron threatened to come back with an axe and chop down the door. Xmas was allowed entry and Clarrie Cameron, the first Aboriginal baby, was born in Wiluna hospital.

Clarrie’s earliest years were spent in the Midwest – Cue, Meekatharra, Mt. Magnet, following his parents in station life, often with a grannie. Before he could walk, Clarrie would sit in front of Xmas on her horse as they went mustering, eventually getting his own donkey. Horses became his life-long love, as everyone who knew him knows.

When he was about six, it came time to go to school, and Clarrie moved in to Aunty Avy Curley’s in Meekatharra, to attend with the other kids. He had to learn English, school-English, practice at Aunty Avy’s he reckoned. At school, he excelled. A love of reading and learning came early and stayed with him throughout his life.

Clarrie, with many Camerons and Curleys was among the first students at Karalundi in 1954, graduating from High School, and continuing on to Carmel College in Perth. He liked to refer to himself as ‘one of the first experimental Blacks’, due to the Department of Aboriginal Affairs in the mid-fifties allowing Aboriginal students to go on beyond grade 6.

At Carmel College, Clarrie undertook a manual arts course along with Theological Studies, learned public speaking and eventually became a lay preacher for the Seventh-Day Adventist Church at Wiluna Mission.

Before that, however, he had some adventures ahead of him.

Clarrie graduated from Carmel College at the age of 21, the first Aboriginal student to do so.

To his father Leedham’s great disappointment, Clarrie did not go on to Law School at University in the Eastern States as planned. At the last moment, he decided instead to go on what was to be the final horseback droving trip up the Carnegie-Wongawol stock-route, to work closely with horses and cattle, as well as legendary men and women, and be inspired to write his last book, a tribute, not about horse-whispering as much as how “The Horse, he whisper to ME!”

Clarrie’s love of horses remained with him to the end, dreaming in his last few months of riding to the Church at Roebourne, on what felt like his old night-horse, Cheeky Boy, but was in fact his beloved Mare. Freedom.

Eventually Clarrie settled in Roebourne where he met Linda Lowe and in time married her. In the late 1960’s, with his wife Linda, Clarrie took up a position at the Wiluna Mission as assistant to the superintendent, and here his contribution must have been uniquely invaluable. With his
station, droving and manual arts background, founded in the strongest faith, he influenced and guided missionaries, educators, government officials and above all the community he worked for and loved.

The stories he had to tell of this time! “They were bringing the last old people in from the Desert in them days,” he used to say, or of how the kids one time pulled apart these cars and rebuilt a whole new one under instruction from the old fellas. One of his most haunting stories is of the time after a big fight on the mission, old style, when he had to remove a spear from a man’s body, raise his badly wounded friend into the car, and drive him to Wiluna hospital where he held his hand until he passed.

Perhaps the best stories from this time involves Vivienne. While this particular story can be told another time, Vivienne came into Clarrie and Linda’s life as a young girl at the mission. Unable to have children together, Clarrie and Linda fostered and raised two children from this time, Vivienne Richards and James Wally.

In 1972 at the age of 32, Clarrie took up a position as Aboriginal Liaison Officer with the Aboriginal Affairs Department covering the north central region and eventually transferring to the Pilbara Region.

Clarrie’s passion, knowledge and strength were perfect and inspirational. He became heavily involved in Aboriginal Affairs in the region, state wide and nationally. He chaired for example the Regional Aboriginal Consultative Committee and represented the region on the NACC (National Aboriginal Consultative Committee). He was involved in the establishment at the time of many instrumental services including the Aboriginal Hostels Association, and the Aboriginal Legal Service WA.

On the 1980’s Clarrie ended up working as a court officer for the Aboriginal Legal Service in Port Hedland. He stayed on and off there for seven years, working across Geraldton, Carnarvon, Broome and Derby. Known as “Legal Aid Man”. He loved the Kimberley and the Pilbara, and with a keen ear and talent for languages enjoyed being able to answer most people in their own language.

Significantly, Clarrie was working for the ALS in 1983, when the young John Pat died in custody in Roebourne. Clarrie was swift in reaching witnesses, taking testimonies, securing witnesses into safe accommodation and beckoning a young journalist who had just arrived on the scene, Jane Mayman. Jane Mayman’s front page story in The Age newspaper at the time graphically told the story of police brutality and death of a young man in police custody, leading eventually to the Royal Commission into Aboriginal Deaths in Custody.

In time, Clarrie decided to go back to study. He enrolled at Adelaide University, graduating in 1994 with a Bachelor in Aboriginal Affairs Administration. His home at the time, full of colleagues and lecturers, stories and studies. We can only imagine what a time that would have been.

It was the era of ‘political correctness’ and he loved telling tales of stirring and shocking the university feminists, with his well-known ways of putting a story!

Following university, Clarrie stopped in Geraldton for a number of years, eventually moving to Sandstone, Kambalda and then back to Geraldton.

Actively involved in many organisations and committees, Clarrie was influential in language reclamation and revitalisation across the region, most recently with the Nhanhagardi, Wilunya language of Geraldton.
He was an accomplished artist who loved prospecting, a consummate story-teller and a published author. In 2013, Clarrie published a collection of yams “Elephants in the Bush”, took part in a writer’s festival in Bali where he dined with the famed author Thomas Keneally, and began writing his second book. Recollections of station life and horse tales.

Sadly, illness prevented him from completing his book, but right until his last days Clarrie loved nothing more than to have a yarn – yarning is the best medicine he’d say – and in being there to answer the myriad of questions that came his way. Always learning, always teaching.

Clarrie Cameron will be deeply missed by so many. It’s been said that the cultural landscape in this region will no longer be the same without Clarrie in particular, and others like him, who have witnessed so much in their lifetime, and given so much.

And while this is true, his legacy will remain forever strong.

It’s been an honour to have known such an incredible man, scholar, teacher and gentleman as Clarrie.

Cry not for what is lost, but shed saltwater for what legacies this man leaves behind and for the work that remains to overcome injustices of the past 200+ years of disempowerment. Then imagine the strength taken to live the magnificent, majestic and truly magical life this great man led.

Our teacher, our mentor; my own and others’ own personal, immeasurable knowledge-bank. From whom every time you took a withdrawal, you received more than requested. Remarkable…. then I realise… I am what I am and this great man is now a part of my Spirit, and your Spirit, right here, right now! And while I draw breath…..

May Mother earth and waiting family, now return Clarrie back to her embrace. Back to Country, and may you rest in peace my friend.
Following is an article copied from the ABC news website on the Murchison’s geotourism initiative which of course Sandstone is a part of that you may find interesting.

WA's Murchison region seeking UNESCO nod for 'geopark' status

ABC Mid West and Wheatbelt
By Jessica Hayes

Western Australia’s Murchison region hopes to become home to the state’s first geopark recognised by UNESCO.

The move is part of a new ‘geotourism’ push by seven shires in WA’s remote Midwest which have been hit hard by a declining pastoral sector and the rise of the fly-in-fly-out (FIFO) worker.

Geoparks are recognised by UNESCO as an area of important geology which encourages conservation, community growth and economic development.

The UNESCO Global Geoparks program began in 2015, and there are now 140 global geoparks in 38 countries.

The lucrative UNESCO tag attracts dedicated international visitors to isolated areas of the world in countries such as Asia and Europe — and is particularly popular among Chinese tourists.

UNESCO RECOGNITION LUCRATIVE
Midwest Development Commission chief executive officer Gavin Treasure said geotourism would put the Murchison region on the map.

"Carrying UNESCO's brand means you are recognised internationally and there's a strong cohort of people who just visit recognised geoparks because of their uniqueness," he said.

Mr. Treasure said the region boasts assets such as the oldest minerals on earth; Wilgie Mia — one of the world’s oldest working mines; and Mount Magnet — the state’s oldest gold settlements.

"There's a bunch of sites in our region which are unique at an international level and it's our job to try and interpret those, create initial understanding of the uniqueness and then build from that," he said.

"Aspiring geopark is the tag we're using at the moment.

"We're all looking for the long-term goal but we've just got to be patient in how we get there — but again it's hard to put a lid on this because it's really exciting."
OVERNIGHT CHANGE

Edith Cowan University foundation professor of tourism Ross Dowling OAM said that while other WA regions had expressed interest in becoming geoparks, the Murchison’s progress was the most advanced.

He said geotourism was a proven way to encourage sustainable regional economic development in regions similar to the Midwest.

“If the Murchison was to be given global geopark status it would dramatically change it overnight because you then become part of UNSECOs global brand,” he said.

“I’ve been in remote places in Portugal, places that rival the Murchison ... I’ve had old ladies in the area crying saying that since they’ve had geopark status it’s revived their culture, their language, customs, cuisine — their youth are also staying in the area.

“Because they’re part of the Global Geoparks Network, you now have people in these networks from all across the world travelling to see other parks and experience them — you’ve already got ready made customers that are travelling.”

At present there are no recognised geoparks in Australia, after the Kanawinka geopark, in South Australia and Western Victoria lost its geopark status and was deregistered in 2012.

Professor Dowling said WA should act quickly to secure UNESCO recognition before the other Australian States and Territories.

He said while the path to UNESCO recognition usually takes about four years, it could be achieved within six months.

Photo: Professor Ross Dowling said geotourism has helped foster sustainable regional economic development in regions similar to the Murchison. (ABC Midwest and Wheatbelt: Jessica Hayes)
"UNESCO] has a system that any country can only apply for two global geopark listings in any one year," he said.

"So for example the whole of Australia in the first five years we could only have ten geoparks.

"If the eastern states get onto it ... they could put up half a dozen in a year. Well we can only have two go forward in each year.

"I'd like WA to get up first because once they get up in other states & see the value of geoparks and how tourism improves the economy in a region, the others will grow rapidly, but then it will get harder because there will be more competing to apply."

AN EXCITING TIME
Sandstone is a sparsely populated local government area, located more than 700km north east of Perth, and is one of the shires pushing the campaign.

Shire president Bethel Walton said the region would benefit from an influx of domestic and international travelers.

"People want to get away from the rat race, they want to experience the real outback and the peace and serenity," she said.

"I think people are looking for something else other than being in the city."

Photo: Sandstone Shire president Bethel Walton believes geotourism will revitalise the Murchison region. (Supplied: Bethel Walton)

Like other towns in the region, Sandstone has undergone a significant transformation, the pastoral industry and mining sector waned and people left the region in droves.

"100 years ago Sandstone had a population of 6,000 people, now we have a population of 60," she said.

"Geotourism just adds to the vibrancy of the town having people from other countries and I think they learn from our countries and we learn from them."
Looking for something unique.
Signs made to order from locally sourced horse shoes. Choose your own design or one of ours.

Contact Bobbie or Andy at
The Outback Shack

0474 102 474
SnakeBite

That bite of summer has well and truly come early this year and with that heat, comes snakes. This article was written by Rob Timmings. Rob runs a medical/nursing education business teaching nurses, doctors and paramedics. It's well worth the read.

3000 bites are reported annually.
300-500 hospitalisations
2-3 deaths annually.

Average time to death is 12 hours. The urban myth that you are bitten in the yard and die before you can walk from your chook pen back to the house is a load of rubbish.

While not new, the management of snake bite (like a flood/fire evacuation plan or CPR) should be refreshed each season.

Let's start with a Basic overview.

There are five genus of snakes that will harm us (seriously) Browns, Blacks, Adders, Tigers and Taipans.

All snake venom is made up of huge proteins (like egg white). When bitten, a snake injects some venom into the meat of your limb (NOT into your blood).

This venom cannot be absorbed into the blood stream from the bite site.

It travels in a fluid transport system in your body called the lymphatic system (not the blood stream).

Now this fluid (lymph) is moved differently to blood. Your heart pumps blood around, so even when you are lying dead still, your blood still circulates around the body. Lymph fluid is different. It moves around with physical muscle movement like bending your arm, bending knees, wriggling fingers and toes, walking/exercise etc.

Now here is the thing. Lymph fluid becomes blood after these lymph vessels converge to form one of two large vessels (lymphatic trunks) which are connected to veins at the base of the neck.

Back to the snake bite site.
When bitten, the venom has been injected into this lymph fluid (which makes up the bulk of the water in your tissues).

The only way that the venom can get into your blood stream is to be moved from the bite site in the lymphatic vessels. The only way to do this is to physically move the limbs that were bitten.

Stay still!!! Venom can't move if the victim doesn't move. Stay still!!

Remember people are not bitten into their blood stream.

In the 1980s a technique called Pressure immobilisation bandaging was developed to further retard venom movement. It completely stops venom /lymph transport toward the blood stream.

A firm roll bandage is applied directly over the bite site (don't wash the area).

Merry Christmas
Technique: Three steps: keep them still

Step 1:
Apply a bandage over the bite site, to an area about 10cm above and below the bite.

Step 2:
Then using another elastic roller bandage, apply a firm wrap from Fingers/toes all the way to the ampul/groin.
The bandage needs to be firm, but not so tight that it causes fingers or toes to turn purple or white. About the tension of a sprain bandage.

Step 3:
Splint the limb so the patient can’t walk or bend the limb.

Do n0ts:
Do not cut, incise or suck the venom.
Do not EVER use a tourniquet
Don’t remove the shirt or pants - just bandage over the top of clothing.
Remember movement (like wriggling out of a shirt or pants) causes venom movement.

DO NOT try to catch, kill or identify the snake!!! This is important.

In hospital we NO LONGER NEED to know the type of snake; it doesn’t change treatment.

5 years ago we would do a test on the bite, blood or urine to identify the snake so the correct anti venom can be used.
BUT NOW...
we don’t do this. Our new Antivenom neutralises the venoms of all the 5 listed snake genus, so it doesn’t matter what snake bit the patient.

Read that again- one injection for all snakes!

Polyvalent is our one shot wonder, stocked in all hospitals, so most hospitals no longer stock specific Antivenins.

Australian snakes tend to have 3 main effects in differing degrees.

Bleeding - internally and bruising
Muscles paralysed causing difficulty talking, moving & breathing
Pain

In some snakes severe muscle pain in the limb, and days later the bite site can break down forming a nasty wound.

Allergy to snakes is rarer than winning lotto twice.

Final tips: not all bitten people are envenomated and only those starting to show symptoms above are given antivenom.

Did I mention to stay still!!
This Christmas
end a quarrel.
Seek out a forgotten
friend. Dismiss suspicion,
and replace it with trust.
Write a love letter. Share some
treasure. Give a soft answer. Keep
a promise. Find the time. Forgo a grudge.
Forgive an enemy. Listen. Apologize if you
were wrong. Try to understand. Examine your
demands on others. Think first of someone else. Be
Be kind; be gentle. Appreciate. Laugh a little. Laugh a
little more. Express your gratitude. Gladden the heart of a
child. Welcome a stranger. Take pleasure in the beauty and the
wonder of Earth.
Speak your love.
Speak it again.
Speak it yet
Once again.

Christmas is forever, not for
just one day, for loving, sharing,
giving, are not to put away
like bells and lights and tinsel,
in some box upon a shelf.
The good you do for others
is good you do yourself...

Merry Christmas
Best Wishes
ITS NOT OFTEN YOU GET SOMETHING FOR FREE!

DID YOU KNOW THAT IF YOU ARE A HOLDER OF A SANDSTONE LIBRARY CARD, YOU CAN NOW ACCESS MOVIES FOR FREE ON KANOPY?

KANOPY IS A FREE STREAMING PLATFORM FOR PUBLIC LIBRARIES WITH OVER 30,000 FILMS AND DOCUMENTARIES WITH A RANGE OF INDIAN, CLASSIC AND FESTIVAL MOVIES.

SIMPLY TYPE KANOPY IN YOUR BROWSER AND SIGN UP, THEN CLICK “WATCH NOW” AND SELECT SANDSTONE PUBLIC LIBRARY.

FOR SALE

CARTONS OF SOFT DRINK
$10 PER CARTON

2 X 10 PACK OF LEMONADE
3 X 10 PACK OF LEMON SQUASH

PLEASE SEE GINA OR PHONE 0447 522 523
HISTORY CORNER— An excerpt from the book “Sandstone—from Gold to Wool and Back Again” by Sally L Senior

ACCIDENTS AND ILLNESS, continued — pg 157

One of the more unusual causes of juvenile death in Sandstone concerned the child of Mr and Mrs E. H. Rowe of Payne Street, who died as the result of eating fly paper. Fly paper was a coiled strip of sweetly sticky poisoned paper hung from the ceiling. The theory was that the flies would be attracted to the sweet, sticky surface, first becoming stuck to the paper, then dying as the result of eating the poisoned coating.

A more likely cause of death of a child in a mining town concerned Myrtle William’s eight year old boy, who was killed while playing with a detonator in 1914. It is surprising that more children were not killed or injured by detonators, as these very dangerous pieces of equipment were not always kept well secured from inquisitive young fingers.

Lack of refrigeration of any means of keeping food cool and fresh, especially over the long hot summers, was also a significant cause of illness. Over the 1908 New Year period, several Sandstone residents ate cold tongue and became very ill. The doctor suggested that it was ptomaine poisoning, and that people be careful what they ate in the summer months. A practice frowned on by doctors was that of drowning meat in Worcestershire sauce to cover up the taste, should it be a little ‘off’. Testimony to this habit is the large numbers of these sauce bottles that can be found on any old goldfields rubbish tip, characterised by their shape, and the glass stoppers with the cork collar used to cap them.

Depression and Insanity
Two reasonably common ailments were depression and insanity, both little understood in those times. Faced with failure and disappointment in their efforts to ‘make their pile’, and for many their inability even to eke out their survival, it is not surprising that people prone to depression would be overtaken by it. Loneliness was their constant companion, and one can be sure that many had had no idea what they were in for when they set out for the goldfields, full of hope and tales of others’ easily achieved riches.

The earliest record of a person suffering from a mental illness in the Sandstone/Black Range area was that of fossicker Jonathan Bowring, who ‘developed signs of insanity’ in 1904. As there was no doctor in the area, he was sent to Lawlers. Later reports of patients who were diagnosed as insane state that they were restrained by the police until they could be sent to Perth to the Insane Asylum. This was later, when Sandstone was connected to Mt Magnet by rail.

Surgery
Surgery in the early 1900’s was very dangerous, and not undertaken lightly. In an early report, a miner, Simon Frawley, of the Oroya Mine, was taken to Nungarra very ill. Dr Keenan found him to have peritonitis, and held little hope for him. Everything possible was done, but he died four days later, aged 28 years. He was buried by J.A. McDonald, who made the funeral arrangements. No mention is made in the report of any attempted surgery.

Later, however, once the Sandstone Hospital was fully operational, several abdominal surgical operations were reported as being successful. Following the removal of her appendix, one grateful patient sent a letter to the local paper publicly thanking Dr Sheehy for the operation. Another report, in May 1913, states that Dr Sheehy had removed the appendix of a man from Youanmi, and that he was ‘doing well’.

Burning Accidents
Burning was a common accident, as all the early dwellings, and many of the later ones, were built of inflammable materials such as canvas, hessian, timber and dry branches. Fires in camps were common, and as the consumption of large quantities of alcohol was also widespread, the combination was lethal. These factors, coupled with the kerosene lanterns or candles used for light at night, were destined to bring about fires, such as that involving Thomas Downie, who was burnt to death when his bough shed camp caught fire (started by a candle). He was taken to the hospital, but the doctor was unable to relieve his pain significantly, as the patient was already addicted to morphia. Morphia or opium could be readily obtained, either in liquid form in a well-known mixture, or in tablets, which were sold over the counter for the relief of diarrhoea.

….. / to be continued
ARTABBY SCENTS
AROMATIC SOY CANDLES WITH
ATTITUDE 0400 778 501

THE MAESTRO
WATER DIVINING SPECIALIST
KEITH LLOYD
0475 235 975
COMMUNITY BUS TAKING PASSENGERS TO MT MAGNET

The Sandstone Community Bus will be travelling to Mt Magnet every four weeks for Shire business.

If anyone needs to travel to Mt Magnet, we usually have available seats. We can take a maximum of 6 passengers so please book - please be aware that we adhere to a strict time schedule.

The bus will leave from the Sandstone Shire Administration office at 10am and will leave Mt. Magnet opposite the IGA at 1.30pm for the return trip home.

Please book your seat by contacting either Rhonda or Margaret at the Shire office ph. 9963 5802

The next bus will be Wednesday 5th December 2018
NATIONAL HOTEL—SANDSTONE

Lunch Menu
7 days a week 12pm—2pm

Ham and Salad Sandwich / Toasted $7.50
Ham, cheese, tomato, lettuce, carrot, onion and mayo

All meals below are served with chips:
Extras—egg, cheese or bacon are $1.50 each

Bacon and Egg Burger $15.00
Bread roll, fried egg, bacon and sauce

Prospector Beef Burger $15.00
Bread roll, beef patty, cheese, fried onion, salad and BBQ sauce

Chicken Burger $15.00
Chicken patty, lettuce and Mayo

Steak Sandwich $17.00
Steak, fried onion, salad and BBQ sauce

Fish and Chips $17.00
Battered or Crumbed

Seafood Basket $17.00
Whiting fillet, prawn cutlets, squid rings, scallop, crab bites, lemon & tartare sauce

Extras
Chips—Small: $6.50 or Large: $9.00
Gravy: $3.50
NATIONAL HOTEL—SANDSTONE

Dinner Menu
7 days a week 6pm—8pm

**Porter House / Rib Eye / T-Bone / Scotch Fillet**
Steak, served with chips and salad or vegetables (add reef and beef $7)
$38.00

**Chicken Schnitzel ( Parma, Hollandaise or Plain)**
Chicken Schnitzel served with chips and salad or vegetables
$28.00

**Chicken Kiev**
Chicken Kiev, served with chips and salad or vegetables
$24

**Seafood Basket**
Whiting Fillet, prawn cutlets, squid rings, scallops, crab bites, lemon & tartare sauce,
Served with chips and salad
$24.00

**Red Emperor**
Beer battered Red Emperor served with chips and salad or vegetables
$25.00

**Pizza**
Meat Lovers, Bar B Q Chicken & Hawaiian + Garlic Bread (please allow cooking time)
$25.00

**Extras**
Gravy—Beef, Mushroom or Pepper $3.50
Fried Egg $2.50

**Kids Meals**
Chicken Nuggets and Chips $12.00 (comes with Busy Nippers Bag)

Please check out our Daily Specials on the specials board $25 with dessert

**Dessert**
See Specials Board......
Served with Icecream or Custard $8.50
FOR SALE IN SANDSTONE

12 - 14 Hack Street

2208sqm with 20x8 mtr shed and 6x4 extension with a 4 mtr veranda going the whole way along the front and side of the building, giving you excellent shade and protection.

Power, Bore (unlimited FREE water) mains is there if you wish.

Hot and cold water from gas heater. The quality of our bore water is excellent, no skin dryness, no smell and plenty of it.

Aircons, Large Pot belly fire, Toilet, Shower, Laundry with washer (used to be laundromat)

All been insulated with the standards required for insulation, windows, 4 entry and exits.

Loads of potential with an empty canvas inside and out.

Do what you want, be it business or pleasure and go gold detecting in this unique little town.

There are many old abandoned mines shafts around and hunting for old relics is so much enjoyment.

This property used to be the old fuel depot so it comes with the old bowser, diesel and ULP tanks the Dangerous goods licence is transferable so if you do decide to open the fuel again you can or not.

This also comes with VACANT Lots 804 + 805 Hack St sandstone - 1582 sqm

$150,000

All enquiries to blackrangeservo@hotmail.com

Or phone : 0448 866 643
Peanut butter smoothie

One sip and it'll be hard to believe this delicious peanut butter thick shake is good for you – but trust us, it is! Packed with healthy fats, protein and a serve of fruit, this smoothie is a quick, easy and nutritious start to any day.

Ingredients

1 large banana
1.5 tablespoons pure peanut butter
3/4 cup almond milk
1/2 cup ice cubes
1/4 cup chocolate protein powder
1 teaspoon maca (optional)

Method

Place the ingredients into a high-powered blender and blitz until smooth.

Note: This recipe creates quite a thick shake, so feel free to add additional milk and blend until the smoothie reaches desired consistency.
Val’s Date slice

Ingredients

1 Cup Dates, chopped
1 Cup Milk (can use Coconut Milk)
3/4 cup sugar
3/4 cup SR flour

Method

1. Soak dates in the milk for 2 hours
2. Mix together the flour and sugar, then add to the milk/date mixture, stirring well
3. Pour into slice tray, cook at 180 degrees for approx. 45-50 minutes
4. Spread with butter and serve.
ARE YOU PREPARED FOR HARVEST!!

WE VALUE GOOD OLD FASHION SERVICE.

Sun City Batteries is a 100% Locally owned & operated business committed to customer service. Call us on 08 9934 6903 or 0427 658 468 Let US help you get ready for harvest. We carry leading brands such as Cobra, Neuton Power and Amaron PRO Long Life Batteries as well as Bosch and Vision products, we stock solutions for all agricultural equipment as well as all 4x4, cars, trucks, bikes and quad’s. Even your NBN UPS back up batteries. We carry a full range of CTEK chargers, Lithium jump starter packs and portable alternatives to dual battery set-ups. Need new battery leads? We can custom build to a high quality to your specifications. We are always happy to help.
Pastoralists and D.E.C. in the Sandstone and surrounding Shire’s have an ongoing wild dog bait programme. Please be advised

**BAITS WILL BE ON THE GROUND ALL YEAR ROUND**

Also just a friendly reminder to keep your dogs locked up, or on a leash if out walking.

---

To avoid being penalised all dogs and cats must be kept in your yards or on leads at all times. Please clean up after your dog!!!!!

All dogs must be registered. If your dog is not registered, or if you are unsure when the registration expires, please contact the Shire office.

The RANGER is making more and more frequent visits to Sandstone.

---

When was the last time you visited your local library?

We don’t just have books, there are DVDs and Audio books as well, so next time you are passing the office, pop in and have a look.
JPB Contracting

Paul (Scruffy) Bennett

Ph: 0427 841 888
Mount Magnet Post & Lotteries

Gifts, cards, stationery, art supplies. Passport photos and much more
Drop in and browse

Check out the website  www.mtmagnetpost.com

Dog registrations are due by the end of October each year.

Please check your dog’s registration or contact the Shire office to check if your dog’s registration needs renewal.

SANDSTONE LIBRARY

Open Monday—Friday 8.30am—4.30pm

Casual memberships welcome

- Interlibrary Loans
- Audio Books
- Internet access
- DVDs
- Fiction and non Fiction books
YOU MUST CONTACT THE SHIRE OF SANDSTONE PRIOR TO DISPOSAL OF ANY ASBESTOS MATERIALS
Phone 9963 5802
Mondays - Fridays
8:30 - 4:00pm
LEGAL ACTION WILL BE TAKEN FOR NON-COMPLIANCE

We are always after articles for the Bush Telegraph so if you have a story, a photo or maybe a birthday, or perhaps there is something you would like to see in your newsletter please contact Rhonda at the Shire office on email -
finance@sandstone.wa.gov.au

ROTARY CLUB
We are the very first Rotary Club that is based purely online in WA. This enables people living in remote/regional areas the option to still provide a service to their local community by joining Rotary E club of E.WA. It’s a new and vital Rotary Experience.

We meet via online webinars and the use of Facebook, both open to the public and private sessions.

Name: E-WA Rotary
Address: www.ewarotary.org.au
www.facebook.com/ewarotary
Ph 0408 802 490
Community Group Name: E-WA Rotary—Kerry O’Shea rotaryewa@gmail.com
We’d love to hear from you :)

Westcoast Seafood
Email: sjoppo@katel.net.au
Contact Stan to see when he will be in Sandstone next
Looking for Gold?
Want to Prospect near Sandstone?

Please contact the Mt Magnet Office of the Department of Mines and Petroleum, Cnr Hepburn and Richardson St

Telephone (08) 9963 4509

Useful Sandstone Phone Numbers

Alice Atkinson Caravan Park 08 9963 5859
Main Roads - Road Conditions 13 81 38
(24 Hr Customer Contact Centre)

Mt Magnet Police 08 9963 3222
National Hotel 08 9963 5801
Outback Accommodation 08 9963 5869
Sandstone Museum & Visitor Information Centre 08 9963 5061
Sandstone Nursing Post 08 9963 5808
Sandstone Post Office 08 9963 5222
Shire of Sandstone Office 08 9963 5802

Ordinary Meeting of Council

The next meeting of Council will be held on THURSDAY 13th December 2018 at 11.00 a.m.
The Agenda is viewable at the Sandstone Public Library and on-line at www.sandstone.wa.gov.au, once prepared.
MEDICAL SERVICES AVAILABLE IN WILUNA

The following medical services are available from visiting specialists through the Wiluna Medical Centre. These services are free of charge and are available to Sandstone residents and the travelling public.

To make an appointment for visiting specialists, contact Wiluna Medical Centre 9981 8600

- Dental (Monthly)
- Gynaecologist
- Audiologist
- Ear, Nose and Throat (ENT)
- Cardiologist
- Respiratory

Health and Well being services
Child Health Services,
Paediatrician
GP CARE BY PHONE IN RURAL WESTERN AUSTRALIA

Need to talk a GP and your regular doctor isn't available? A ReadyCare GP is just a phone call away.

1800 225 523

QUALITY GP CARE BY PHONE OR VIDEO

Sometimes you just can’t get to your regular GP – such as when it’s late at night, on weekends or when there is no GP in town.

That’s why the WA Primary Health Alliance are working with Telstra ReadyCare® to offer GP care via phone or video for residents and visitors in regional and remote communities in WA’s Great Southern, Wheatbelt, South West, Midwest and Goldfields regions.

A friendly and experienced Australian based GP can provide advice, diagnosis, treatment and prescriptions for a range of conditions including fever, vomiting, dehydration, cold and flu, pain and infections.

Just call 1800 225 523. It’s as simple as that.

ReadyCare® cannot be used in emergencies or for life-threatening illnesses or injuries. If you require emergency assistance, call 000 for immediate help.

GP CARE IN JUST THREE EASY STEPS

1. Call ReadyCare on 1800 225 523
2. Share details and a summary of your condition
3. ReadyCare GP will call you at your appointment time
Health Services

TELEPHONE HELP LINES

**Mental Health Emergency Response Line**
(formerly Psychiatric Emergency Team)
Perth WA 6000  Tel: 08 9224 8888

**RuralLink**
Tel: 1800 552 002

Emergency Numbers

RFDS
1800 625 800
MURCHISON DENTAL TEAM ROSTER, MEEKATHARRA 2018

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Murchison Dental Team Clinic Contact Numbers

Meekatharra: 9981 0640
              0427 386 647

Yalgoo Primary School: 9962 8029

Mt Magnet, Cue, Sandstone: 0427 386 647
RFDS DATES TO BE ADVISED
**Physiotherapy Murchison Clinics 2019**

Highlighted – To be confirmed/arranged

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Internet is available at Sandstone Library in the Shire building

**Monday—Friday**
**8.30am—4.30pm**

We **don’t have public WIFI** but you can use our computers to access the internet

If you would like your event to appear on the Community Planner please contact the Shire of Sandstone
Phone: 9963 5802 Fax: 9963 5852 Email: finance@sandstone.wa.gov.au